ACCESS LEGAL RESEARCH INC.
CRIMINAL PARDONS/
U.S WAIVER
NO FAULT DIVORCE
DEBT COLLECTION
OPEN SATURDAY BY APPOINTMENT
CALL 403.228.1300

BLAND BUNNY FLICK
CRITICS BRESLIN AND CROUSE AREN'T HIP TO HOP {page 19}

HATER
MILEY NO FAN OF FRIDAY GIRL DISH {page 27}

CALGARY metro®
Weekend, April 1-3, 2011
www.metronews.ca
News worth sharing.

Grave. Issue

▶ Alderman Brian Pincott stands in Union Cemetery. With cemetery space filling fast, solutions are being sought to divert the city's deceased from crowded grounds. Story, page 4.

KATIE TURNER/METRO

Innovation by cremation?

Recounting a highway robbery

Canmore woman rethinks picking up hitchhikers {page 3}

Zookeeper gets support

Three Hills, Alta. residents stand behind Guzoo {page 6}

Local hockey clubs criticize police checks

▶ New RCMP policy creating increased backlog, say police ▶ Some coaches still waiting for confirmation despite season already being over

JEREMY NOLAIS
@METRONEWS.CA

Calgary's minor hockey season may be over, but numerous coaches are still waiting for confirmation they have completed a police background check.

Others have given up on the process altogether.

"We put it on the back-burner, it's quite a mess," said Lynne Cook, administrator for the Crowfoot Hockey Association.

Her organization sent away information on 250 coaches to be reviewed by the Calgary Police Service information check unit. Of those, roughly 100 were flagged for vulnerable sector checks, which requires them to be fingerprinted at the police administration office.

Staff Sgt. Scott Boyd said changes by the RCMP to search criteria for background checks led to a "significant increase" in vulnerable sector checks.

"We are trying to adapt to make it a more pleasant experience for all of these agencies," he said. Police announced last month they have acquired a new digital fingerprinting scanner that will speed along all background checks.

Laurie Rutherford, administrator for Bow Valley Hockey Association, questioned the validity of the new policy. Her organization had 28 of its 100 coaches flagged and 10 are still awaiting final confirmation.

"It has nothing to do with person themselves anymore," she said. "It has to do with the date they are born."

Cook said roughly 60 coaches at Crowfoot did not comply with the added security measure.

"We still let them coach," she said.

According to Hockey Calgary president Perry Cavanagh, police checks are not mandatory for minor hockey coaches but are "strongly recommended."

Westwood coach Barry Burrows said although the police check process is arduous, he still feels it is necessary.

"If you want to volunteer and you want to coach, there's responsibility that comes with that," he said.

Cross-referencing files

▶ **Gender** As per RCMP policy introduced last July, the birth date and gender — but not name — of all participating in police checks are cross-referenced with information on 14,000 pardoned sex offenders in Canada.

TAX TIPS No 55

Save those old transit passes!

They could be worth 15 cents on the dollar when you file your tax return. This tax credit is available for transit passes used in 2010 and there is no limit to the amount you may claim.

This tax tip brought to you by Alberta's Chartered Accountants.
To see all 60 useful tax tips please visit:

www.albertaCAs.ca

CA Chartered Accountants of Alberta

The Institute of Chartered Accountants of Alberta provides tax tips on an annual basis as a public service. The tips are intended to be used as general guidance. For specific advice about filing your 2010 tax return, please consult with the Canada Revenue Agency or your personal tax professional.

Freedom comes at a small price.

Switch and start saving today.

BlackBerry® Bold™ 9780

$25/mo. Unlimited

Canada-wide talk
+ CA/US text

Includes Unlimited CA/US picture messaging, call control features & voicemail. From any WIND Zone. Conditions apply.

Alcatel Tribe ANDROID™ | Nokia C7 | Motorola XT720 | BlackBerry® Curve™ 3G | Huawei U8100 | Samsung C414 | Nokia 5230 | Huawei U1250 | WINDspeed™ Pocket Hotspot

Get a **$0** phone or save up to $150 with WINDtab™
Conditions apply. Learn more at WINDmobile.ca.

Up to **$100** credit

Bring your numbers to WIND. Get up to $100 credit. It's easy to switch and port your number over.
Ask us how today. You'll be pleasantly surprised.
The porting credit will be applied to your account in five monthly installments beginning June 16, 2011.

The Power of Conversation™

WIND™

WINDmobile.ca

WIND STORES

CALGARY

Marlborough Mall
Westbrook Mall
1013 17th Ave SW
Kensington Village
NEW Chinook Centre
Southland Crossing
Deerfoot Mall
Market Mall
Sunridge Mall

EDMONTON

Londonderry Mall
Kingsway Mall
Edmonton City Centre W
West Edmonton Mall

BLOCKBUSTER® KIOSKS

CALGARY

Brentwood Plaza
62 Saddletowne Circle NE

EDMONTON

95th St & 167 Ave NW
104th St & 79 Ave NW
23rd Ave & 109th St NW

REAL CANADIAN SUPERSTORES

CALGARY

20 Heritage Meadows Rd SE
3633 Westwinds Drive NE
100 Country Village Rd NE
7020 4th Street NW
4700 130th Ave SE
10505 Southport Rd SW
5251 Country Hills Blvd NW
3575 20th Ave NE
5858 Signal Hill Centre SW

EDMONTON

9711 23 Ave NW
4950 137th Ave NW
410 Baseline Rd
101 St Albert Trail
4821 Calgary Trail NW
12350 137th Ave NW
17303 Stony Plain Rd NW

BLOCKBUSTER
Real Canadian Superstore
Loblaw great food

The above plan is the Irrepressible Plan. Conditions apply to all offers. Learn more at WINDmobile.ca. WINDtab™ is available at participating locations. The availability of the $25 Unlimited plan is subject to change or cancellation without notice. All services subject to WIND's stated Terms of Service and are for personal use by an individual. WIND, WIND MOBILE, WINDtab, and WINDspeed are trademarks of Wind Telecommunicazioni S.p.A. and are used under license in Canada by Globalive Wireless Management Corp. THE POWER OF CONVERSATION is a trademark of Globalive Wireless Management Corporation. © 2011 WIND Mobile. BlackBerry®, Bold™ and related trademarks, names and logos are the property of Research In Motion Limited and are registered and/or used in the U.S. and countries around the world. Nokia is a registered trademark of Nokia Corporation. © 2011 Nokia. Portions of this imagery are reproduced from work created and shared by Google according to terms described in the Creative Commons 3.0 Attribution License. BLOCKBUSTER name, design and related marks are trademarks of Blockbuster Inc. © 2011 Blockbuster Inc. All other trademarks are the property of their respective owners.

Canmore woman recounts highway robbery

A Monday morning highway robbery has caused a Canmore woman to rethink picking up hitchhikers.

The woman, who requested she not be named, was driving her regular commute on Highway 1 to Calgary around 4 a.m.

"I was in the right lane and a woman came out from nowhere and I had to almost sway to not run her over," she said. "Then I felt guilty because of the bad weather and I stopped the car, which was my number 1 mistake."

She said a man followed the woman and both jumped into her car within seconds.

After driving the two for roughly 45 minutes, she said they had still not indicated where they wanted to be dropped off.

Slamming on the brakes, she ordered the two in the back seat to get out of her car. She alleges the man then came at her with a sleeping bag and a snowbrush from her back seat.

After a brief struggle, she said she escaped and ran to Stoney Nakoda Resort and Casino.

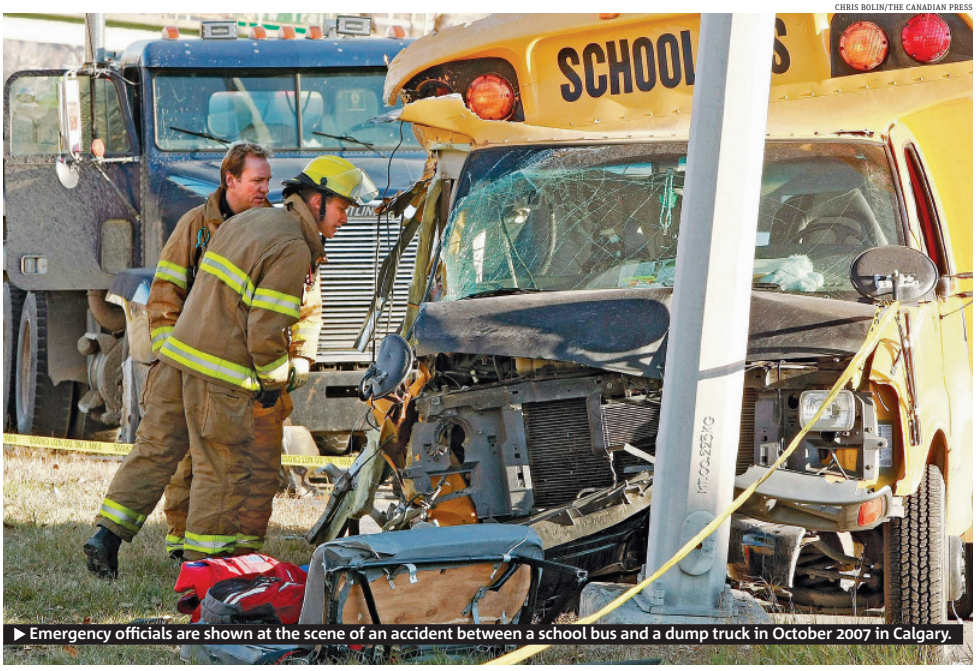
"I ran into the casino and that was my saving grace."

Her car was found a short time later but it was destroyed.

"It's a good story for me because I'm alive," she said, "but I'll never stop for anybody."

Two people were arrested Monday in connection with a robbery on Highway 1. KATIE TURNER

CHRIS BOLIN/THE CANADIAN PRESS



▶ Emergency officials are shown at the scene of an accident between a school bus and a dump truck in October 2007 in Calgary.

Drivers focus of bus fatality report

- Judge highlights 'deficiencies' in school bus driver training
- Bus driver Louise Rogers believes she may have fallen asleep

KATIE TURNER
CALGARY@METRONEWS.CA

The father of a young Calgary girl who was involved in a 2007 school bus crash said the recommendations from a recently released fatality inquiry in are not good enough.

Biagio (Joe) Magliocca's daughter Amanda was riding to school with 11 other students when their bus struck a parked gravel truck on Crowchild Trail.

Amanda's best friend Kathelynn Occena, 9, was killed in the crash.

A judge who headed the inquest says all drivers should have to disclose health issues, list medications they're on and submit to random drug tests.

"If it was their child, this wouldn't be good enough," said Magliocca of the report, adding he's still in contact with Occena's mother. "I know (Occena's) mother is extremely pissed."

He said his daughter has not been on a school bus or even a Calgary Transit bus since the incident.

Alberta Transportation is reviewing the report.

"This is a tragedy and our hearts go out to the family," said department spokeswoman Heather Kaszuba. "Certainly Alberta Transportation will be closely reviewing the fatality inquiry report and the recommendations made by Judge Fraser." WITH FILES FROM THE CANADIAN PRESS

From the report

Judge Fraser's recommendations include:

- Setting up surveillance cameras on school buses.
- Potential candidates must pass a medical examination.
- Drivers must report physical or mental health issues to their employer and consent to random drug tests.

1 news

Nuclear jokes put The Simpsons back in the politically incorrect spotlight. Scan the code for the story.

1 Download the free ScanLife application with your smartphone at 2dscan.com

2 Use the ScanLife application on your smartphone to scan 2D barcodes in Metro

3 The codes will direct your mobile browser to relevant content at m.metronews.ca

On the web at metronews.ca

Stephen Harper is accused of campaigning in a bubble, and reporters are trying to burst it. Video at metronews.ca

Resource investors dig it here!
Discover the potential value of resource stocks.

2011 CALGARY
RESOURCE INVESTMENT CONFERENCE

This is Canada's most trusted forum — your best source for current information from industry analysts. Trends, strategies and valuable insights on how current events in Libya and Japan are impacting world markets. Meet mining company executives in person, explore financing opportunities and receive exploration updates. Conference schedule and speaker bios available online. Act now... it's free...and the information is priceless.

Saturday April 9 & Sunday April 10
MACLEOD HALL, TELUS Convention Centre

FREE if your pre-register now. $25 at the door.

toll-free 1.877.363.3356
fax 604.687.4726
www.cambridgehouse.com

Cambridge House INTERNATIONAL

TRANSIT

Man's leg severed by C-Train

C-Train service was disrupted during Thursday's morning commute after a man with a severed leg was discovered on the LRT tracks.

Around 3:40 a.m., police were called to Centre Street and 7 Avenue where they found the severely injured man.

He was transported to hospital in serious life-threatening condition, according to Stuart Brideaux of EMS.

"The force of him versus the train was significant and resulted in significant injuries," said Brideaux.

Transit spokesperson Theresa Schroder said the train was out at that time because they were preparing for morning service.

METRO

Ald. seeks new cemetery solution

- Ald. Brian Pincott said he believes he has the support of his colleagues
- Will bring the notice of motion forward on April Fool's Day

KATIE TURNER
CALGARY@METRONEWS.CA

With the city's cemetery space dwindling, one alderman believes he has a creative solution that would see Calgarians go out with a bang.

Ald. Brian Pincott said a lack of burial space has been an issue in Calgary for a number of years and it's time council create a plan.

"Cemeteries: you need them for burying people. So, what if we don't bury people? What if we just cremate everybody," suggests Pincott.

He believes providing incentives for Calgarians to move towards cremation will not only be less costly than finding new lands, it will also be more sustainable.

"One of the great incentives we could have is to put your ashes into fireworks," says Pincott, suggesting the fireworks at the Stampede grandstand show would be ideal.

KATIE TURNER/FOR METRO

▶ If one alderman has his way, Calgarians could be shut out of cemeteries to preserve land.

"On average, you could probably dispose of the ashes of maybe 10,000 bodies a year."

Cemetery and death care industry expert Myra Mains says Pincott's solution is groundbreaking and could set the standard for other cities.

"It's certainly something that's never been done before but I believe this could be revolutionary," she says. "What a way to celebrate your loved ones with one final burst."

Cemeteries

- The City of Calgary has five cemeteries and one mausoleum.
- Calgary's largest cemetery is Queen's Park cemetery, which is 55 hectares in size.

Support for sister hospital

A large blue banner covered in small painted handprints and well-wishes along with a book people are encouraged to write messages into are both part of a campaign by the Alberta Children's Hospital to support their sister hospital in Mito, Japan which was damaged in the March 11 earthquake.

While no one at the Ibaraki Children's Hospital was injured in the 8.9 earthquake, one ward of the hospital had to be closed due to water drainage system break. The hospital also lost electricity though it has since been restored but ongoing heating problems persist.

CAROLINA NOVOTNY

Sisters

- The Alberta Children's Hospital and Ibaraki Children's hospital have been sister hospitals since 1989 since both hospitals are similar in size and in similar sized cities, according to a spokesman.
- The concept of being sister hospitals was to encourage an exchange of ideas often achieved through staff exchanges.

Commuters face long waits

Commuters on Deerfoot Trail can look forward to long, drawn-out commutes this summer as the province plans to shut down lanes on Calf Robe Bridge and the expressway over Ogden Road. The construction will run from late April to mid-October.

METRO

Fire damages triplex

Two of three units in a Deer Run triplex suffered heavy damage in a blaze early Thursday morning, according to fire officials.

Fire broke out around 3 a.m. in the 100 block of Deerview Way SE. Six residents inside the units managed to escape.

METRO

Spark dies for Flames fans

To most Calgary Flames fans, Wednesday's 4-2 loss against the Anaheim Ducks was the final nail in the coffin for their team's playoff dreams.

Calgarian Derrick Newman — author of thesportsroundup.com — follows the team closely. But even going into Wednesday's game he wasn't too hopeful for about their chances.

"It's obvious that they are out of the playoffs. The last two-and-a-half months were for nothing," said Newman, who's attended roughly 20 of the last 41 games.

"I will still keep watching the playoffs but I definitely won't be cheering for anyone else — but I will watch the Blue Jays."

Fellow fan Dan Schuler was also bitterly disappointed by the game.

"It was frustrating but as a Flames fan you get use to failing again and again," said Schuler.

He said he won't continue watching hockey this season. "Baseball is starting soon, I guess I'll see what the Blue Jays are doing."

CAROLINA NOVOTNY

The dagger

- An apparent tying goal scored by Tim Jackman in Wednesday's game was disallowed.
- According to sportsclubstats.com, the Flames have a 0.7 per cent chance of making the playoffs after Wednesday's game.
- The Calgary Flames haven't made the playoffs since the 2008-2009 season.

Send Western Union® money transfers, available through Zoompass for a fee* of **$9 plus 1%** of money sent. Enjoy the convenience of sending money on your **mobile phone** or **online**, anytime, anywhere. Your recipient can pick up the money from any participating Western Union Agent location, worldwide.

zoompass.com/westernunion

zoompass™ Make Your Money Mobile™

WESTERN UNION | yes! mobile

* IN ADDITION TO THE TRANSFER FEE, WESTERN UNION ALSO MAKES MONEY FROM THE EXCHANGE OF CURRENCIES.
Money transfer fee of $9 plus 1% of principal is applicable to money transfers less than $400 on consumer to consumer Western Union® Money Transfer transactions initiated through Zoompass which is provided by EnStream LP.
Fees are subject to change without prior notice.
© 2011 Western Union Holdings, Inc. All Rights Reserved. All trademarks, service marks and trade names referenced in this materials are the property of their respective owners. © Bank of Canada – Bank note used and altered with permission.
BlackBerry®, RIM®, Research In Motion® and related trademarks, names and logos are the property of Research In Motion Limited and are registered and/or used in the U.S. and countries around the world. Used under license from Research In Motion Limited.

Hurry! $0[1] offer ends March 31.

So many $0 phones to choose from.

You can exhale now.

LG Breeze™ | LG IQ™ | LG Optimus One with Google™ | LG Shine Plus™ with Google™ | Samsung Advance™ | LG Cookie Plus™

Pair with the Unlimited Incoming Voice 30 Plan

$30/mo.[2]

UNLIMITED

- Incoming calls[3]
- Nationwide Family Calling[4]
- Text, picture and video messaging[5]

PLUS, no activation or swap fees.[6]

Get on Alberta's biggest[7] and fastest[8] 4G mobile network.

telusmobility.com

TELUS

the future is friendly®

TELUS AUTHORIZED DEALERS

CALGARY NORTHWEST

Beacon Hill Centre
Dalhousie Station
Market Mall
North Hill Centre
Northland Village Mall
822 Crowfoot Cres. NW
207 14th St. NW

NORTHEAST

Country Hills Town Centre
CrossIron Mills
Deerfoot Mall
Marlborough Mall
Pacific Place
Sunridge Mall
1353 32nd Ave. NE
2520 23rd St. NE
2000 McKnight Blvd. NE
323 - 2555 32nd Ave. NE

SOUTHWEST

Bankers Hall
Bow Valley Square
Chinook Centre
Southcentre Mall
TD Square
Westbrook Mall
Westhills Towne Centre
6039 Centre St. S
835 17th Ave. SW
245 - 225 7th Ave. SW
16061 MacLeod Trail S
264 - 6100 MacLeod Trail S
1 - 4623 Bow Trail SW
203 - 321 6th Ave. SW
5 - 2008 33rd Ave. SW

SOUTHEAST

Dragon City Mall
Quarry Park
South Trail Crossing
TELUS Convention Centre
856 - 33 Heritage Meadows Way SE
1288 42nd Ave. SE
7845 Flint Rd. SE
4410 50th Ave. SE
3012 17th Ave. SE
109S - 8500 MacLeod Trail S
4949 Barlow Trail SE

Okotoks

181 - 31 Southridge Dr.
118 Elizabeth St.

Strathmore

8 - 55 Wheatland Trail
103 - 331 3rd Ave.

For more details on these great offers, visit your TELUS authorized dealer or retailer, visit telusmobility.com or call 1-866-264-2966.

FUTURE SHOP | BEST BUY | Walmart | LONDON DRUGS | Visions | BLACK'S

Device availability and prices may vary. (1) Available until March 31, 2011, for clients who activate or renew on a 3 year term. TELUS reserves the right to modify eligible rate plans with this offer at any time without advance notice. (2) Taxes, long distance, additional airtime, roaming and pay-per-use charges are extra. (3) No additional airtime charges for incoming calls received in Canada. Long distance charges of 40¢/minute apply on incoming calls if call is received outside of client's home calling area. (4) Must have at least two members on the same account, with a limit of five members per account. (5) Premium messages are not included. An additional 20¢ charge will apply for each text message or attachment sent outside of Canada and the US. Text messages sent or received while roaming internationally will be charged at 60¢/message. Video and picture messaging are only available in PCS and 1X digital coverage areas. Selected picture and video messaging capable phones are required. Clients with non-capable phones will receive a text message that includes a web address where they can view the picture or video. Multimedia messaging used while outside of Canada is charged as data roaming. Nationwide talk & text refers to local and Canadian long distance calls made to or received from your mobile phone and are subject to additional roaming and/or international charges. Text messages can only be sent and received from other mobile phones and are subject to roaming and international charges. (6) No activation or equipment swap fees for clients activating or renewing on any term before March 31, 2011. (7) Comparing the shared HSPA+ network available from TELUS to Rogers' public disclosure of HSPA+ network coverage for February 2011. (8) Based on TELUS' tests of data throughput speeds in large Canadian urban centres available from national HSPA+ service providers. Internet access speed provided by the network operator may vary due to the device being used, network congestion, distance from the cell site, local conditions and other factors. Speed on the Internet is beyond the wireless network operator's control and may vary with your configuration, Internet traffic, website server and management policies, and other factors. TELUS, the TELUS logo, the future is friendly and telusmobility.com are trademarks of TELUS Corporation, used under licence. All other trademarks are the property of their respective owners. © 2011 TELUS.

MRU HOCKEY

Cougars remain champs

The Mount Royal University Cougars men's hockey team will remain champions of the Alberta Colleges Athletic Conference, a tribunal ruled Thursday.

The team had beaten cross-town rivals SAIT 1-0 last weekend in the fifth and deciding game of the ACAC championship series. However, league officials ruled their backup goaltender to be ineligible and scheduled a rematch.

The goalie in question did not see any action in the game. The Cougars filed an appeal and a tribunal sided with them Thursday.

"We once again want to recognize and celebrate the accomplishments of our men's hockey team and congratulate them," said Cougars spokesperson Kyle Henry in a statement. METRO

Jury mulls fate of couple

The fate of two accused murderers was put in the hands of jurors Thursday. Tosha and Jason Hubler are accused of killing 77-year-old flea market vendor Ray Johnson. Tosha alleges Jason, her husband, devised a plan to kill Johnson. Jason, meanwhile, claims he fell down some stairs and died. METRO

Thinkers sharing their vision

Global thinkers will be hitting the stage Friday for TEDxYYC with a dozen speakers on the docket. The event will run from 12 to 6 p.m. and take place at the Grand Theatre and Lounge at 608–1st St. SW. A public after-party is scheduled to begin at 6:30 p.m.

METRO

Town rallies behind embattled zookeeper

SHELLEY WILLIAMSON/METRO

▶ Sarah King stands outside the legislature Thursday. She joined about 20 others to protest Guzoo in Three Hills, Alta.

Three Hills mayor, residents feel 'loving' keeper is wrongly attacked

The Town of Three Hills, Alta., is standing behind embattled owner Lynn Gustafson whose roadside attraction, Guzoo, came under massive social media fire this week.

Sharon Wiebe, who owns Three Hills's Kirk's Sheet Metal, said Guzoo and Gustafson have been local staples for decades.

"It's a very unique place," said Wiebe, whose husband Vernon sits on town council for the municipality. "The man is a very loving person and that's the way he treats animals."

Wiebe said she has never been concerned about conditions at Guzoo and in fact, her grandson's stepsister volunteers at the roadside attraction, where she feels "animals are given a better chance to live" because of its rural setting on a farm.

Critics

- A Facebook site calling for the Guzoo's closure had more than 12,000 members Thursday. It was created by an Edmonton photographer who posted pictures from a visit to Guzoo.
- Concerned Albertans for Animal Welfare and Public Safety (CAAWPS) protested Guzoo at the Alberta legislature, also on Thursday.

Gustafson noted Monday the timing of this recent criticism coincides with his permit renewal April 1.

Dave Ealey, spokesman for Sustainable Resource Development, said Wednesday an SRD-SPCA review was pending but the permit was likely, with conditions.

SHELLEY WILLIAMSON

Possibilities. That's what owning a Side-by-Side Brookfield Home is all about.

No condo fees. Spacious floorplans. And a yard. It's easy to see why people are so proud to own a Side-by-Side Brookfield Home. With 2 and 3 bedroom models ranging from 1116 to 1440 square feet available, you're sure to find a home suited to your lifestyle. For more details, visit BuildwithBrookfield.com

McKenzie Towne Elgin $285,000*
Showhome address: 585 McKenzie Towne Dr. SE
403-257-7940

Auburn Bay $295,000*
Showhome address: 174 Auburn Bay Blvd. SE
403-452-2720

Auburn Bay Showhomes Grand Opening April 9th!
mon to thurs 2-8 pm, fri to sun & holidays 12-5 pm
*Ask sales representative for details. Prices include lot and GST. Prices are subject to change.

Brookfield Homes SIDE by SIDE

SAME QUALITY. SAME SERVICE. NEW NAME. Heartland Homes is now Brookfield Homes.
Brookfield Homes is a division of Brookfield Residential (formerly Carma Developers)

SUNRIDGE AUTOMOTIVE SUPERCENTER

A DIVISION OF SUNRIDGE NISSAN

MASSIVE INVENTORY

CHOOSE FROM OVER 500 USED VEHICLES

2009 Nissan Sentra

25 to choose from

Loaded with options!

40% OFF original MSRP

$83 bi-weekly*

#RR102786

$11,799

2009 Nissan Versa

19 to choose from

Loaded with options!

$76 bi-weekly*

#RR102795

$10,799

2009 Chrysler PT Cruiser

2 TO CHOOSE FROM

AC, Spoiler, Alloys, Automatic

STK# RR102836

$9,270

2009 Volkswagen Routan

AC, Tilt, Cruise, Traction Control

STK# A110502

$20,995

2001 Toyota Sequoia

4x4, V8, Seating for 7.

STK# P102820

$12,995

2010 Nissan Maxima

Loaded with leather and sunroof. Only 19k.

STK# P102755

$29,995

2007 Honda Accord LX

29K, Tint, ABS, Cruise

STK# P102756

$16,995

2009 Nissan Rogue SL AWD

Air, Tilt, Cruise, ABS

STK# P102727

$19,995

2004 Chevrolet Optra LS

Auto, PW, PL, AC, Cruise

STK# B911925B

$6,995

2007 Nissan Murano

AWD, Automatic

STK# A110523

$23,995

2006 Saturn Ion 3

Uplevel, Only 53k, Keyless entry, A/C Cruise, ABS

STK# 102557A

$8,995

2010 Chrysler Sebring LX

Air, Tilt, Cruise, ABS, Tint

STK# P102872

$13,995

2009 Toyota Rav4

4x4, PW, PL, AC, Cruise, Auto

STK# U102639

$20,890

2009 Toyota Camry Hybrid

Sunroof, Leather, Alloys

STK# A102663

$17,995

Top of the Line

2010 Volvo C30 T5

$25,995

2009 Infiniti G37

$34,995

08 Nissan Armada SE

$29,995

2007 Infiniti G35

$26,995

*Payments based on $1000 down, 7% OAC, 84 Month Term. Errors and omissions exempt. **as compared to original MSRP, taxes and fees not included

CREDIT CHALLENGES?

EASY APPROVALS | FAST APPLICATIONS

CALL OUR CREDIT HOTLINE

403-444-9877

OR APPLY ONLINE AT

www.creditcalgary.com

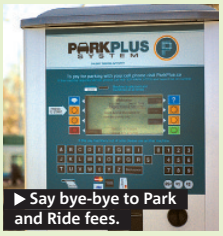
403-536-1626 • SUNRIDGEAUTO.COM

CANADA'S 50 BEST MANAGED COMPANIES

AMVIC LICENSED

News in brief

METRO FILE



▶ Say bye-bye to Park and Ride fees.

Paying for parking is now in the past

PARK AND RIDE. Commuters will have a little extra change in their pockets after Friday as the city tosses the Park and Ride fee.

Council voted in December to scrap the $3 fee.

Beginning Monday, Calgarians will have the option to pay $70 per month for a reserved spot, which will account for roughly half the spaces. The remainder of the spots will be free.

METRO

Victim's blood on Twitchell's shoes: Expert

TRIAL. A DNA expert told jurors Thursday the blood of victim Johnny Altinger was on the belt and shoes of an accused novice filmmaker when he was arrested by Edmonton police.

Mark Twitchell is accused of killing Altinger on Oct. 10, 2008, cutting up his body, burning the parts and dumping his remains down a manhole.

The Crown alleges the crime followed one of Twitchell's movie scripts.

THE CANADIAN PRESS

Man charged with sex crimes

MEDICINE HAT. A man is facing at least 20 charges after being chased down a street by an Alberta woman who alleges he demanded sex from her teenage daughter.

Officers in Medicine Hat say a man broke into a local home and made the crude request to a girl. THE CANADIAN PRESS

Program rewards disloyal java junkies

Participants have 6 months to buy coffee from 7 cafés ◐ Culture touted as benefit of smaller venues

JEREMY NOLAIS
@METRONEWS.CA

RYAN FACTURA/FOR METRO

▶ It took Leah Thormoset no time at all to complete the YYC Coffee Disloyalty Program.

Coffee drinkers who have completed Calgary's boldest brewed bean mission are encouraging others to follow suit.

The YYC Coffee Disloyalty Program sees participants issued a card and given a six-month deadline to purchase coffee from seven of 10 independent venues. Worthy participants are granted a free coffee and entered into a monthly prize draw upon completion of their task.

The program was started in Calgary last October by former baristas Maia Fuhrman and Chelsea Watson, along with supporter Brieanne Biblow, in hopes of encouraging others to branch out from the major corporations for their daily caffeine fix.

"Good coffee takes time, it's not push of a button," Watson said, "and a lot of the cafés, how they're designed, encourages conversation."

While dozens — if not hundreds — of Calgarians have completed the program, none may have done it quicker than Leah Thormoset.

"I was pretty excited when I heard about it because I think it's a good way to support local businesses and people who own their business," said Thormoset, who hit her seven venues in just one week.

"They each have their own culture, different personalities, and the coffee's better too."

Bean done before

- The YYC Coffee Disloyalty Program is based on similar challenges started in London and Toronto.
- The 10 cafés included in the program are Bumpy's, Caffee Beano, Caffe Crema, Caffee Rosso, Communitea, Deville, Insomnia, Java Jamboree, Kawa, Phil & Sebastian.
- Each of the 10 featured venues were given 200 cards to distribute. Chelsea Watson said well over half have been picked up but some are still available for those interested in the program.

GIANT VALUE. GIANT SAVINGS.™
GIANT TIGER
1961 50 2011
Celebrating 50 years! Thank you Canada!
Join us for the FUN and the SAVINGS
3120-27th Street NE
4710-17th Avenue SE
10233 Elbow Drive SW
Store hours:
Mon. - Fri. 9am to 9pm
Sat. 9am to 9pm
Sun. 10am to 6pm
Prices in effect until April 6, 2011
To view our weekly flyer visit: www.gianttiger.com
WE RESERVE THE RIGHT TO LIMIT QUANTITIES. ALL PRODUCT DESCRIPTIONS ARE BASED ON MANUFACTURER'S REPRESENTATIONS. DUE TO ADVANCED PREPARATION OF THIS FLYER, DELIVERY PROBLEMS THAT MAY OCCUR FROM OUR SUPPLIERS, AND SPACE RESTRICTIONS, NOT ALL ITEMS ARE AVAILABLE IN ALL STORES. AS WELL, PRODUCTS MAY BE TEMPORARILY OUT OF STOCK DURING THE FLYER PERIOD. WE APOLOGIZE FOR ANY INCONVENIENCE THIS MAY CAUSE OUR CUSTOMERS. GIANT TIGER, TIGRE GEANT, TIGER HEAD DESIGNS AND OTHER TRADEMARKS IN THIS FLYER ARE REGISTERED AND UNREGISTERED CANADIAN TRADE-MARKS OF GIANT TIGER STORES LIMITED AND ARE LICENSED TO ITS FRANCHISEES EXCEPT WHERE STATED.

BBQ
WONDER HAMBURGER or HOT DOG BUNS
Assorted, Bag of 12
#157691
Reg. 2.89
1.99 SAVE 90¢
BV SIGNATURE BEEF BURGERS
Assorted, Box of 6
#518798/518794
Reg. 8.97
6.97 EA. SAVE 2.00
BLACK DIAMOND CHEDDAR SLICES
24 Slices, #158905
Reg. 4.97
2.97 SAVE 2.00
Fresh PRODUCE
RED POTATOES CANADA No. 2
6.80 kg
15 LB RED POTATOES
Product of Canada, #2 Grade
#272268/477008
3.98
Supreme
25' ALUMINUM FOIL
CLUB SUPREME ALUMINUM FOIL
12" x 25', #551584
Reg. 1.00
79¢

Add some character to your garden!
8" HEART SHAPED STEPPING STONES
Assorted designs, #538300
2.97 EA. Compare at 4.99
10" DELUXE STEPPING STONES
Assorted designs, #538298
7.97 EA. Compare at 9.99
LED CANDLE LANTERNS
Frog or turtle
• For indoor or outdoor use
• Waterproof
• Battery included
#570644/570645
LED FLICKERING FLAME
Take your pick! $15 EA. Compare at 24.99

the Bay

Selected women's ESPRIT fashion

$19.99

Prices as ticketed.
Limited quantities.
Selection will vary by store.

Shop early for best selection!

WEEKEND SPRING SHOPPING SPREE

Friday, April 1 to Sunday, April 3

Friday, April 1 to Sunday, April 3

PLEASE PRESENT COUPON AND

SAVE $20

when you spend $100 or more (before taxes) on regular, sale and clearance-priced women's, men's and kids' apparel and footwear, women's handbags and wallets, women's and men's socks and accessories, women's intimates, jewellery, watches and sunglasses

Excludes online purchases, Diesel, Juicy Couture, UGG Australia, Coach, Armani Jeans, Ed Hardy, The Room at The Bay Queen St., Contemporary Collection and White Space, Men's Contemporary Designer, Not Your Daughters Jeans, West End Shop, Polo Ralph Lauren, Energie, 55DSL, Wacoal, Swarovski jewellery, Olympic red mittens, HBC Signature Shop and HBC gift cards.

Other exclusions may apply. See in store for complete listing. One coupon per transaction. Cannot be combined with any other offers.

POS Procedures:
Scan all applicable merchandise; press 'SUB_TOTAL'
Press 'TOTAL' and apply any transaction level discount (if applicable)
If SUB_TOTAL is $100 or more before taxes, scan/key
$20 coupon barcode, Tender transaction as per normal.

4 51519 77020 3

the Bay

thebay.com
twitter.com/thehudsonsbayco

Rights report hits at Tories' record

Amnesty International says Canada's global reputation has been eroded ◗ Feds' uncompromising support for Israel is criticized

Election 2011

The Stephen Harper government has eroded Canada's global reputation as a human rights champion, says a respected international watchdog.

The scathing report by Amnesty International raises many criticisms of Tory foreign policy.

Those criticisms include uncompromising support for Israel and the defunding of non-governmental agencies, such as Kairos, that have publicly criticized the Tories.

Amnesty calls on party leaders to use the federal election campaign to restore Canada's commitment to rights at home and abroad.

"Sometimes Canada now is also seen as part of the problem, not the solution," said Amnesty secretary general Salil Shetty.

"There has been erosion of Canada's past policies, including a principled and non-partisan reputation in the Middle East."

The report says the government's "unflinching refusal" to criticize Israel's human rights record has eroded Canada's reputation in the Middle East.

THE CANADIAN PRESS

TARA BRAUTIGAM/THE CANADIAN PRESS

▶The RCMP's Bob Paulson and Durham Regional Police deputy chief Sherry Whiteway finish an Afghanistan tour Thursday.

POLICE IN AFGHANISTAN

THE KEY IS BUILDING TRUST, SAYS MOUNTIE

The greatest challenge for police participating in Canada's upcoming training mission in Afghanistan will be building trust between the Afghan police and locals, an RCMP deputy commissioner said Thursday after touring the war-torn country.

Several senior police commanders wrapped up a weeklong visit to Kabul and Kandahar in a bid to better define what their officers will be teaching their Afghan counterparts once the training mission, dubbed Operation Attention, begins this summer.

RCMP deputy commissioner Bob Paulson, who oversees federal and international policing, echoed the oft-repeated sentiment of military commanders when he said strengthening the links between the community and Afghan police will be a major goal.

"Getting to establish that trust with the local communities is the key and that's, I think, the biggest challenge," Paulson said at Kandahar Airfield.

The ranks of the Afghan National Police have grown. In the Panjwaii district, for example, there are about 500 registered ANP out of 700 allocated positions — an increase from 140 in the fall.

But the public perception of the ANP has sometimes struggled because of corruption and indiscipline.

This is something Canadian police officers will strive to correct once the training mission begins in July.

THE CANADIAN PRESS

Nose-biting boyfriend convicted

A Burnaby, B.C. man who bit off his girlfriend's nose has been convicted of aggravated assault and sexual assault.

A B.C. Supreme Court judge rendered the verdict against Ronaldo Gonzalez-Hernandez.

The woman, who can't be named because of a publication ban, testified the couple had been drinking when he became aggressive while they were kissing.

She tried to resist his advances but he clamped his teeth over her nose, biting it off.

The woman has since had her nose rebuilt from skin grafts from her forehead. THE CANADIAN PRESS

Montreal. A fuss over fees

▶ Protesting students in Montreal smell a photo-op on Thursday.

GRAHAM HUGHES/THE CANADIAN PRESS

Student protest turns chaotic

Montreal police used pepper spray to disperse students protesting higher tuition fees on Thursday. Many of the students were chased along busy Sherbrooke Street. At least four people were arrested.

Human Service Diploma in 12 Months

Opportunities for Careers in four distinct areas - Education, Rehabilitation, Child & Youth Programming and Social Work Assistance - are available with this diploma.

Students succeed in small class sizes which are led by instructors who combine academic qualifications with extensive years of practical experience.

Free courses are available to assist in meeting minimum requirements.

Students may transfer credits to go on to complete a 4-year University Degree.

Start dates every 5 weeks! Call now - (403) 648-2265

802 Manning Road NE Calgary, AB
www.columbia.ab.ca/m / Outside Calgary: 1-888-235-9370

COLUMBIA COLLEGE

TOWNHOMES FROM THE $240s
EvanstonSquare.com

SHOWHOMES OPEN IN MAY!

STREETSIDE DEVELOPMENT CORPORATION
A QUALICO Company

EVANSTON SQUARE

TOWNHOMES	SEMI-DETACHED HOMES	STARTER HOMES	SINGLE FAMILY HOMES	SINGLE FAMILY HOMES
Starting from the $220's	Starting from the $290's	Starting from the $300's	Starting from the $380's	Starting from the $380's
CARDEL LIFESTYLES	INNOVATIONS by Jayman	COMING SOON	Jayman MasterBUILT®	CARDEL HOMES

For maps and builder contact information visit:
WELCOMETOTHEVALLEY.CA

genstarmobile.com | genstar.com

GENSTAR
BRINGING LAND TO LIFE

Libyan officials trying to defect: Diplomat

Attacks on civilians reportedly triggering decisions

Most high-level Libyan officials are trying to defect but are under tight security and having difficulty leaving the country, a top Libyan diplomat now supporting the opposition said Thursday.

Ibrahim Dabbashi, Libya's deputy UN ambassador, told The Associated Press that Libya's UN mission, which now totally supports the opposition, knew two days in advance that Foreign Minister Moussa Koussa planned to defect on Wednesday.

He said the mission had been waiting for about 10 days for Thursday's defection of Ali Abdessalam Treki, a former foreign minister selected by Moammar Gadhafi to be the new UN ambassador.

Refusal

- Britain refused Thursday to offer the Libyan former foreign minister immunity from prosecution after his apparent defection, raising the possibility that Moussa Koussa could be prosecuted for his past role in propping up Moammar Gadhafi's regime.
- Within hours, Scottish prosecutors said they were seeking Koussa for questioning over the 1988 Lockerbie bombing that killed 270 people, many of them Americans.

Asked why senior Libyan officials are defecting — or want to defect — now instead of last month when opposition protests against Gadhafi's 41-year rule began, Dabbashi said it was a reaction to the regime's attacks on civilians.

Dabbashi said Koussa's defection in Britain is especially significant because he was the chief of external intelligence for about eight years and foreign minister for about two years.

"I think that he has a lot of secret information about the regime — about the current operations by Libya during the last decades," Dabbashi said.

THE ASSOCIATED PRESS

NASSER NASSER/THE ASSOCIATED PRESS

▶ Libyan rebels prepare heavy machine guns ammunition during an exchange of fire with pro-Gadhafi forces, along the front line outside the eastern town of Brega on Thursday.

THANK YOU

On behalf of the Executive Team at Fashion Has No Borders Inc., we would like to extend a Special thank you to Lisa Ray, Brett Wilson, Henry Burris, Alumni Matt Finlay, Bruce Covernton and our Sponsors and exhibitors for your contribution in making the 2011 Expose such a success.

We look forward to your continued support of Fashion Has No Borders – The Trusted Authority for Fashion.

Rafal Wegiel – RW Photo

metro
Pinstripe Creative
ChiChi couture
WP
OLDS COLLEGE
Basic Black Designs Inc. www.basicblackdesigns.com
DelMar College OF HAIR & ESTHETICS
BoConcept urban design
30 Minute SPA LADY The Fitness Leader
HOUSE OF PERSIAN RUGS
Forbidden clothing
Natural Way Chiropractic
Lethbridge College
ANY WOMAN
RETAIL WR Display & Packaging SUPPLIES WWW.RETAILSUPPLIES.NET
EDGES SALON & SPA
Breezes RESORT SPA • GOLF CLUB RUNAWAY BAY
Calgary Fashion
ONE X ONE HOPE BELONGS TO EVERYONE
GIVENCHY

A $1B PROMISE FOR

- Ignatieff says he will spend millions on daycare
- How will he pay for it? Corporate taxes face hikes

Election 2011

Michael Ignatieff says a Liberal government would spend up to $1 billion per year to fund more child care and early learning spaces across Canada.

It would be a simpler program than the often-promised, never-completed national daycare system promised by various Liberal governments dating back to 1993.

The Liberal leader said this proposal would get money flowing quickly to the provinces for child-care spaces instead of creating complex new bureaucracies.

The new idea is to let provinces and territories simply draw money from an Early Childhood Learning and Care Fund, to hire more teachers and open more spots for kids stuck on preschool waiting lists.

The Liberals say they would start with a $500-million investment in the first year, rising to $1 billion by the fourth year.

"We want to focus on what the issue is: Long lists, parents desperate to get their children into a great early learning and child-care experience," Ignatieff said during a stop in Winnipeg. "We want to get this done as quickly as possible."

But senior Liberal aides weren't able to provide many details about the fund — including how it would be paid for.

They simply claimed "better choices" would help afford it.

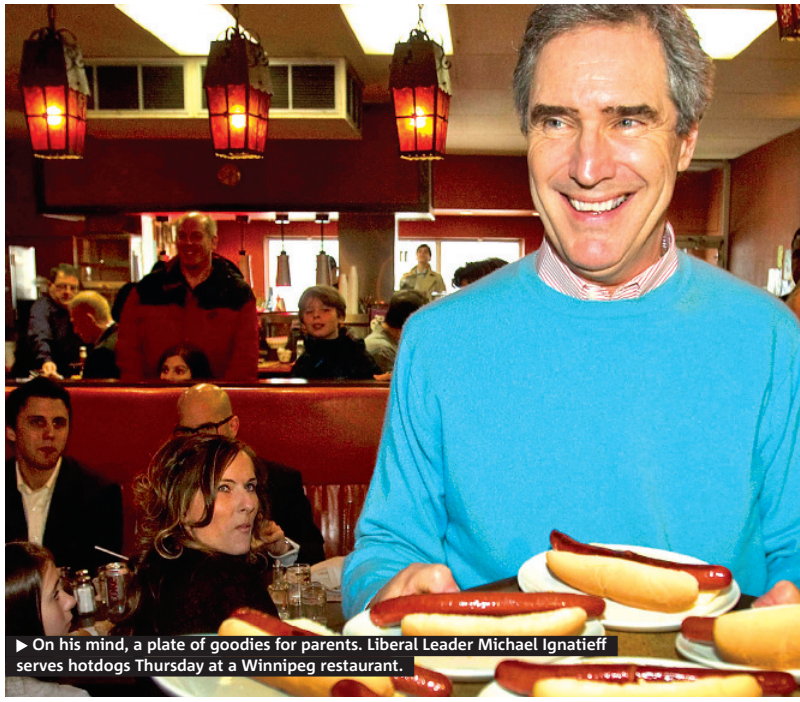
Some of that money would come from hiking corporate taxes. The Liberals figure they will rake in another $6 billion per year by raising the business tax to last year's rate of 18 per cent from the current 16.5 per cent.

THE CANADIAN PRESS

Past pledges

Past Liberal leaders have promised different incarnations of the child-care plan over the years.

- In the 2008 election campaign, then-Liberal leader Stéphane Dion promised $1.2 billion per year for child care.
- Before that, Paul Martin's Liberal government was working with provinces on a national system that would receive $5 billion from Ottawa over five years.
- The Liberals' proposed national plan was scrapped when the Harper government took office in 2006.



▶ On his mind, a plate of goodies for parents. Liberal Leader Michael Ignatieff serves hotdogs Thursday at a Winnipeg restaurant.

LOOKING FOR A REWARDING PROFESSIONAL EXPERIENCE WITHIN CANADIAN MEDIA ORGANIZATIONS?

UNITED NATIONS ASSOCIATION IN CANADA
ASSOCIATION CANADIENNE POUR LES NATIONS UNIES

Apply today to become a participant in UNA-Canada's Multimedia & Multiculturalism (M&M). M&M, a "menternship initiative," works with media partners and post-secondary institutions to bring qualified, trained and talented youth from ethno-cultural communities to benefit from unique internships within media organizations across Canada. Selected interns will...

- **Acquire** invaluable field experience to enhance their knowledge, skills and employability;
- **Receive** comprehensive training/briefing and de-briefing sessions;
- **Gain** independence and confidence and consider mutlimedia as a career path;
- **Succeed** based on UNA-Canada's international internship model, participation will guarantee a 90% success rate in transcending the barriers facing early-career, minority young professionals as they try to enter the job market;
- **Receive** targeted and consistent job search support including one-on-one counselling;
- **Complete** your internship hot and ready to enter the market place with valuable skills, experience and having gained a large network of media professionals.

HOW TO APPLY

Please visit us at http://www.unac.org for an application form. (Deadline April 15th, 2011) Additional questions: please contact Linda Pinnacle at linda.pinnacle@unac.org

multiculturalism & media

HAIR LOSS PROBLEM?

Find the solution to your hair loss problem today,

BEFORE IT IS TOO LATE!

Natural Hair Regrowth With FU YAN's Special Treatment System & Chinese Traditional Premium Herbs. *(works for Men & Women)*

Reasonable, Faster, and Better Results!

*These actual before and after pictures will build your confidence in the FU YAN system. We will not deceive our customers with the use of false bald model's photographs and misleading advertising.

Many Albertan's have thanked FU YAN

RESULTS WITHIN 3 MONTHS.

Some conditions apply

• No Medication • No Surgery
• No Side Effects • No Gimmicks

FU YAN NATURAL HAIR REGROWTH TREATMENT CENTRE™
Suite 201, 2705 Centre St. NW Calgary AB T2E 2V5
TEL: 230-0200 FAX: 230-0213

THERE ARE BETTER WAYS TO MAKE YOUR VOICE HEARD
JOIN AT METROLIFEPANEL.CA
metro life panel

PARENTS

RYAN REMIORZ/THE CANADIAN PRESS

Frustrated scribes say the PM is no treat

The yellow steel fence that kept reporters far from Stephen Harper in Halifax Thursday was a potent symbol of his election campaign.

Harper is running a tight travelling show with little room for spontaneity, where national media are limited to four questions per day — and kept a safe distance from the Conservative leader.

Harper was pressed by frustrated reporters to explain the strict control of his campaign and his reluctance to answer more questions, in contrast to the dozens that are taken by his rivals.

"If there are other subjects I'm not addressing, I'll take 'em. What's the subject, one subject?" Harper said, ignoring the question about the limits placed on the media.

National media are paying $11,000 per person per week to travel with Harper.

But six days into the campaign, he has still not greeted the 25 reporters and TV technicians travelling aboard his campaign plane.

His wife, Laureen, ambled to the back of the aircraft late Wednesday night to offer chocolate-covered treats.

THE CANADIAN PRESS

THE BODY SHOP®

FOR TWO DAYS ONLY,
BUY A BAG FOR $5 AND GET
30% OFF
ANYTHING THAT FITS INSIDE!

$2 from every bag purchase supports our campaign partners.
STOP SEX TRAFFICKING

April 2 – 3, 2011.
Terms and conditions apply. See associate for details.

UNLIMITED WORLDWIDE CALLING

Now includes UNLIMITED calling to INDIA!

$29.95/month

Home Phone Lines

✓ Unlimited Calling to Almost 60 Countries

and much more...

✓ All Features FREE!!
- Voice mail
- Caller ID
- Call Waiting

and much more...

SATISFACTION GUARANTEED!
2 MONTHS FREE

You're going to LOVE the quality!
If you're not 100% satisfied,
YOU PAY NOTHING!
That's our customer satisfaction guarantee!!!

403-451-5800
comwave®
www.comwave.ca

HOME PHONE LINES: VoIP 911 has certain limitations versus traditional 911. The rate of $29.95 is based on a 3YR term. 3 YR plan will come with a 2 month FREE promotion (One month immediate upon activation of service. The second month upon if you transfer your phone number from your existing provider to Comwave in the first 30 days. Unlimited long distance calling is limited to the countries listed at www.comwave.net and is subject to residential use with an allowance of 3000 long distance minutes. Terms and conditions apply, see www.comwave.ca for details.

William: Hair to the throne

As wedding draws near, Prince William can't escape talk of bald spot

Prince William looks like someone who has it all: Royal status, a charming fiancée, good health and an easy touch with his future subjects. But there is one thing he lacks: A full head of hair.

Casual observers who have not paid much attention to Britain's future king in the years before his recent engagement to Kate Middleton have been surprised by the extent of the 28-year-old's hair loss.

William still cuts a tall, imposing figure, but his bald spot has been spreading as his hairline recedes.

It's even more apparent since his 26-year-old brother, Prince Harry, still sports a luxuriant supply of tousled red hair.

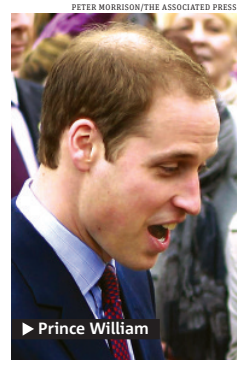
The British tabloids have been merciless in their coverage, constantly punning the "hair to the throne" theme, and comparing his hair loss to that of his father, Prince Charles, and the follically challenged prime minister, David Cameron. William's receding hairline has a genetic link. His father, Charles, and his grandfather, Prince Philip, also experienced it, though at a slower pace.

THE ASSOCIATED PRESS

"He's got the prince appeal and I don't think ... the lack of hair can ever take that away."

JENNIFER ENGELHART, 19-YEAR-OLD STUDENT

PETER MORRISON/THE ASSOCIATED PRESS



▶ Prince William

U.S. Service animals

▶ Dani Moore keeps her service rat, Hiyo Silver, on her shoulder in Hesperia, Calif.

DAMIAN DOVARGANES/THE ASSOCIATED PRESS

Dogs and horses, but no rats

Dani Moore uses a rat perched on her shoulder as a service animal to alert her to spasms from a disabling condition. But this creature and many others are no longer acceptable as service animals under new federal guidelines issued March 15 by the U.S. Department of Justice for the Americans with Disabilities Act. The new recommendations limit service animals to dogs and housebroken miniature horses.

Married, but with no ring

Prince William is giving up his bachelor status to take a bride, but a palace official said Thursday that he will not be wearing a wedding ring.

His fiancée, Kate Middleton, plans to wear a wedding ring made of rare Welsh gold, a long-standing royal family tradition dating back nearly 90 years, after the couple marry on April 29 at Westminster Abbey.

A spokeswoman for Prince William, who spoke on condition of anonymity because of palace policy, said these decisions represent the royal couple's personal wishes.

She said details about the design of Middleton's wedding ring, and the source of the Welsh gold used to fashion it, will be released before the wedding.

THE ASSOCIATED PRESS

Welsh gold

Welsh gold, prized for its quality and scarcity, has been used in royal weddings since 1923 and has been worn by Queen Elizabeth II and the late Princess Diana.

PUBLIC MOBILE

Telecom firm eyes takeovers

Public Mobile expects at least one of the two other new players in Canada's wireless market to run out of money by the end of the year, presenting the company with a possible expansion opportunity, CEO Alek Krstajic said yesterday in Toronto. He was referring to Wind Mobile and Mobilicity and acknowledged that he has made calls to them.

Consolidation among the three telecom companies is possible because there are no federal rules to prevent it among the new wireless companies, he said.

Public Mobile is aimed at the low end of the market, providing unlimited talk and text plans with no contracts and no credit checks.

Telecom analyst Mark Goldberg said he expects there will be "some degree" of consolidation in the wireless industry due to the "remarkable" number of wireless players in Canadian cities.

Krstajic wouldn't say how many subscribers Public Mobile has, but said the Toronto-based company will soon offer email plans and a voice-only plan to try to win more customers.

THE CANADIAN PRESS

Market moment

PRICES AS OF 5 P.M. THURSDAY

TSX	Dollar	Oil	Natural gas 1,000 cu ft	Gold contracts
+ 32.52 (14,116.1)	+ 0.19¢ (103.14¢ US)	+ $2.45 US ($106.72 US)	$4.415 US (+ 6¢ US)	$1,439.90 US (+ $15 US)

Social media mean business

Small companies slowly catching on to the benefits of digital marketing

LUCAS OLENIUK/TORSTAR NEWS SERVICE

▶ Promod Sharma, an Etobicoke, Ont., entrepreneur, began using Twitter and other social media about four years ago. At first he didn't understand the business application. But then he saw it was a way to drive traffic to his blog and in turn to raise awareness of his company.

With some of the fastest broadband connections in the world, most Canadians have embraced the Internet. Yet small businesses are late to the table when it comes to online marketing.

"The gap between where consumers are and where businesses are in terms of Internet use is greater than I expected," says Chris O'Neill, managing director of Google Canada.

O'Neill says digital media offer an easy and inexpensive way to advertise and track consumer awareness of one's business. But only one million or so Canadian small businesses have a website, out of a total of about 2.2 million, he says.

While it is difficult to measure return on investment for digital advertising, a recent study of email versus direct-mail costs by digital agency Quizative Inc. found email to be 60 times more cost-effective. And online ad revenue is "rapidly closing in on daily newspaper ad revenue," according to the Interactive Advertising Bureau of Canada.

Promod Sharma, an Etobicoke, Ont., entrepreneur, is one of 15 million Canadians with a Facebook page. He's on Twitter and LinkedIn, and he blogs, posts videos on YouTube and has a website for his insurance sales business, Taxevity.

But it took him a while to understand the value of social media.

"Then I saw that Twitter was a way to drive traffic to my blog," he says, which in turn was a way to attract customers to his business.

TORSTAR NEWS SERVICE

In the mood for expansion

Mood Media Corp. will partner with the Argos department-store chain in Britain to sell CDs and DVDs aimed at babies and toddlers. The Fisher-Price branded educational videos will be sold in an Argos catalogue to be released in July. The companies did not disclose the monetary value of the deal.

Argos is the UK's No.1 toy retailer, with 700 locations across Britain.

Toronto-based Mood Media works in 800 retail chains including Wal-Mart, Polo, Hilton hotel group and Abercrombie & Fitch in 30 countries and provides them with in-store music and visual or scented products.

In the past few weeks it bought American elevator-music pioneer Muzak for $345 million US and announced a deal to provide music and sound systems to McDonald's restaurants in Poland. It also bought a Finnish background music provider.

THE CANADIAN PRESS

Service Directory
To advertise contact Blaine Schlechter at 403-444-0136

LEGAL

Canadian Legal Resources Centre Inc.
403-229-2774 • www.canadianlegal.org
UNCONTESTED DIVORCE
Legal Separation Agreements
Spousal Land Transfers
CRIMINAL RECORD?
Canadian Pardons • US Travel Waivers
Fingerprinting
21+ years experience.
Voted #1 Paralegal. Why pay more?
Open Monday to Saturday.

PSYCHICS

MYSTIC EYE SPIRITUAL READINGS
57 YEARS EXPERIENCE
100% Guaranteed Results
Come in today for a better tomorrow
SPECIALIZING IN REUNITING LOVED ONES
REMOVES ALL BAD LUCK SPELLS AND NEGATIVE ENERGY
1/2 price SPECIAL
Palm • Tarot • Energy Readings
403.228.2258 BY APPOINTMENT ONLY
SOLVE ALL PROBLEMS OF LIFE

FINANCIAL

NEED MONEY?
✓No credit checks
✓Fast approvals
Call 1 866 499-5629
And get cash now!!
www.mynextpay.com

MoneyProvider.com
$500 Loan
Fast, easy and secure
No credit refused
www.moneyprovider.com
1-877-776-1660

Visit metronews.ca to watch metrotube of the day

We're looking for
CANADA'S TOP 25 IMMIGRANTS!
TOP 25 2011 CANADIAN IMMIGRANTS
canadianimmigrant.ca
Vote for Canada's Top 25 Immigrants
and enter for a chance to
WIN one of 10 $100 Visa* Gift Cards
provided by our sponsor Royal Bank of Canada
Hurry voting ends April 18th
Visit canadianimmigrant.ca/top25
Presented by RBC Royal Bank®
Media Partners
® Registered trademarks of Royal Bank of Canada.
RBC and Royal Bank are registered trademarks of Royal Bank of Canada
* All other trademarks are the property of their respective owner(s)

TOWNHOMES FROM THE $240s
EvanstonSquare.com
SHOWHOMES OPEN IN MAY!
EVANSTON SQUARE
STREETSIDE DEVELOPMENT CORPORATION
A QUALICO Company

DEBT WORRIES?
BEHIND ON BILLS?
LIFE SEEMS TO HARD?
WE CAN HELP TODAY!!
DebtorsAdvocates
call
1-800-563-2942
or visit
CalgaryDebtAdvice.ca

CONTRIBUTED

▶ Randy (Exzam) Hollick

5 MINUTES WITH: RANDY (EXZAM) HOLLICK

Randy (Exzam) Hollick is a local beatbox artist who will be representing Calgary at the next King Of The Dot Hip Hop Battle event April 23 at the Distillery (www.kingofthedot.com). In the co-main event, he will battle a member of the Vancouver division.

When did you first realize you had the skill to beatbox and when did you start doing it competitively?
I started in high school about 11 years ago when a friend played me an audio clip of a beatboxer. I immediately started teaching myself and kind of took to it right away. I actually started doing it at parties to be the "talk of the party" but eventually entered a school battle of the bands competition. I didn't win but a local all-ages club promoter saw me and asked if I would perform at his club. That's when I realized there was more to it than just performing for fun.

What other opportunities have you had with this talent?
I've done everything from opening acts for concerts to full-scale theatre productions to teaching youth workshops. More recently I've moved into "battling" against opponents in front of live crowds with no holds barred. I've discovered I live for battling; it's a refreshing challenge, coming up with new, complex material every time.

Where do you get your creative ideas from?
Ideas can come from anywhere, like the different sounds coming from a construction site, to a certain squeak a dress shoe makes when it scuffs the floor. Amazing sounds are all around us; a lot of people just don't pay attention to them.

Do you think social media has affected the growth of beatboxing and are you using it to showcase your talent?
Without question. It's exponentially multiplying. Social media really helps promote beatboxers and events to a wider audience. It's even allowed me to audition for a world championship event being held in Berlin. Having my own YouTube channel (youtube.com/hollick) alone has created numerous opportunities for me.

Tell me something about the beatboxing culture that might surprise people.
Beatboxing has turned into full-scale shows entertaining larger crowds. It's no longer just a skill ... it's actually being recognized as true talent. It's like someone playing guitar for an audience, except our voice is our instrument. It's become very competitive with local competitions held across Canada and ending with the national championships annually.

BLAINE SCHLECHTER

Cartoon

MICHAEL DE ADDER

More bang for your buck

Worth mentioning

A Montana RadioShack owner said he will continue to give away guns with satellite television subscriptions despite the corporation's insistence that he halt the promotion.

Since October, independent dealer Steve Strand has been offering a gift card for a $125 pistol or $115 shotgun and a free background check to customers who sign up for two-year Dish Network packages.

Those not interested in the firearms can opt for a $50 pizza gift certificate.

RadioShack Corp. officials called Strand Tuesday and ordered him to pull the promotion, he told the Ravalli Republic. Strand refused, saying he is within his rights as a legal dealer and is now seeking legal representation.

"RadioShack has taken the position that we're tarnishing their brand image with the promotion," he said. "I don't think this is a negative impact. I don't think they understand the way of life in Montana."

In an attempt to appease the company, Strand has taken down the sign in his window that said: "Protect yourself with Dish Network. Sign up now, get free gun."

In its place is a sign advertising a website Strand set up detailing the promotion, GetaGun.net.

THE ASSOCIATED PRESS

The way of life in Montana

DAVID ERICKSON/RAVALLI REPUBLIC/THE ASSOCIATED PRESS

What's your favourite knock-knock joke?

Email
calgaryletters@metronews.ca
Twitter
@metrocalgary

Metro has the right to edit letters and submissions.

metro

METRO CALGARY • Unit 120, 3030 - 3 Avenue NE, Calgary, AB T2A 6T7 • T: 403-444-0136 • Fax: 403-539-4940
Advertising: 403-444-0136• adinfocalgary@metronews.ca • calgary_distribution@metronews.ca
Publisher Steve Shrout, **Managing Editor** Darren Krause, **Advertising Sales Manager** Chris Mackie, **Distribution Manager** Dave Mak
METRO CANADA: President & Publisher Bill McDonald, **Editor-in-Chief** Charlotte Empey, **National Deputy Editor** Fernando Carneiro, **Asst. Managing Editor** Tarin Elbert, **Scene/Life Editor** Dean Lisk, **Assist. Managing Editor** Amber Shortt, **Art Director** Laila Hakim, **Business Ventures Director** Tracy Day, **National Sales Director** Peter Bartrem, **Interactive/Marketing Director** Jodi Brown

Metro Minute with Girls Gone Wilde

The talents of some of Canada's leading female playwrights will be on display at the Currie Barracks this weekend. Girls Gone Wilde gets underway tonight and runs through the weekend with its wide blend of theatre showcases from writers Andrea Beca, Rebecca Wohlgemuth, Debbie Patterson, Jennie Orton, Alice Nelson, Cairn Moore, Jessy Arden and Nicole Schafenacker. Topics such as friendship, fidelity, frigidity, female chauvinism and many more will be tackled. Theatre enthusiasts can call 403-477-8331 or visit girlsgonewilde@live.ca to reserve tickets for $8 apiece. All performances take place at the Community Arts Centre on the Currie Barracks, located at 2633 Hochwald Ave. SW.

METRO

Three days to play

DO YOU INTEND TO VOTE IN THE UPCOMING ELECTION?

Tyler Woods
CALGARY
Yeah, I'll vote for Conservative. It will be my first time voting but I don't actually know who my candidate is.

Janelle Dubord
CALGARY
Yes, in my house the rule is, if you don't vote, you can't complain, so I'll vote.

▶ James Marsden stars in Hop, which opens today.

2 scene

Reel Guys

RICHARD CROUSE & MARK BRESLIN
SCENE@METRONEWS.CA

Don't Hop to it

Richard Crouse and Mark Breslin debate the merits of Hop There isn't much for the adults in this kid's film, even with a cameo by David Hasselhoff

Richard Crouse: Mark, to me Hop feels more like an hour-and-a-half advertisement for plush stuffed bunnies than it does a movie. EB and his bunny and Easter chick friends are cute but clearly more time was spent on the marketing angle than the story. What did you think?

Mark Breslin: Richard, let's face it; we've lost the battle when it comes to marketing of characters in kids' movies. I now just assume that the movie is a promo for the spending to come. A five-year-old will be transfixed by the eye candy onscreen; the question is whether there's anything for their parents to enjoy.

In movies like Toy Story or Shrek, there's plenty. But in this one, Richard? What do you think?

Plot synopsis

- Hop begins on Easter Island, home base of the Easter Bunny (voice of Hugh Laurie) and his son EB (Russell Brand). On the other side of the planet, Fred O'Hare (James Marsden) is an unemployed So-Cal slacker house sitting for his sister's wealthy boss. Both EB and Fred have one thing in common — daddy issues. When EB and Fred hook up in Hollywood, the pair discovers they might be able to help one another out and save Easter in the process.
- **Ratings:**
  Richard: 🌐
  Mark: 🌐½

RC: The humour and broad acting style is directed at little kids, yet the movie is rated PG, which means that parents can't just send their kids solo. Grown-ups might get a chuckle out of EB's jelly-bean gag — he poops jelly-beans and says at one point, "I just jellybeaned all over your dreams" — but the odd cameo from David Hasselhoff — he's going for the William Shatner self-aware shtick — is as funny as you'd imagine a cameo from The Hoff to be. There's not much here for anyone over four years old. Harvey this ain't.

MB: No, but I did enjoy the look of the movie, all primary colours and a few visual gags that popped up just often enough to keep me from losing my mind. The oddest part of the movie was the casting, and not just Hasselhoff. I thought Russell Brand, the comedian du jour, had been so neutered he was wasted in the part (and I don't mean wasted in the usual Russell Brand way). Couldn't the part have been done by Any Brit?

RC: If this had even a little bit of edge I could see why they chose him, but as it seems like he's only there because Ricky Gervais and Eddie Izzard were too busy or too clever to take the role. I actually had some hope for Hop when I heard Brand was involved because I thought he might bring something interesting to it. Instead it is just average, which is a shame given how kid's flicks have made strides in recent years away from treating kids like they're stupid.

MB: Of course to the four-year-old sitting next to me, it was Citizen Kane

Scene in brief

Bruce Springsteen has written a Letter to the Editor to what he calls his hometown newspaper. Springsteen on Thursday thanked the Asbury Park Press for a March 27 article about how anti-poverty groups in New Jersey are facing an uphill battle as Gov. Chris Christie seeks to cut spending.

Springsteen writes that the "article shows that the cuts are eating away at the lower edges of the middle class, not just those already classified as in poverty."

THE ASSOCIATED PRESS

Norm Macdonald says new show brings him back to Weekend Update territory

THE NEXT LEVEL OF CINEMA HAS ARRIVED
ULTRAAVX™
• WALL-TO-WALL SCREEN • IMMERSIVE SURROUND SOUND
• DIGITAL PROJECTION • RESERVED SEATING
CINEPLEX® ODEON
SUNRIDGE SPECTRUM CINEMAS
#400, 2555-32ND STREET NE
Scotiabank Theatre
CINEPLEX ENTERTAINMENT
SCOTIABANK THEATRE CHINOOK
6455 MACLEOD TRAIL SW
EXPERIENCE THE NEW GENERATION OF THEATRE
CINEPLEX.COM/ULTRAAVX
CINEPLEX ESCAPE WITH US
™/©Cineplex Entertainment LP or used under license.

Movie review See it twice ●●●●● | See it now ●●●● | Worth watching ●●● | Yawn ●● | Don't bother ●

Brains push Source Code above pack

Source Code
Genre: Action/Comedy
Director: Duncan Jones
Stars: Jake Gyllenhaal, Michelle Monaghan, Vera Farmiga
●●●½

The best thing about Source Code is that it represents what science fiction films should be. This isn't a brain dead blow 'em up with ray guns, but a clever thought experiment woven into an action movie.

The film stars Jake Gyllenhaal as a solider in a secret government experiment that allows him to repeatedly relive the last eight minutes in the life of a victim of a terrorist attack in the hopes of discovering the man responsible and preventing a subsequent bombing. It's kind of like a sci-fi/thriller variation on Groundhog Day with the hero trying to save a city rather than lighten up.

Duncan Jones directs, and while it feels like a step down intellectually from his excellent 2009 debut Moon, he does get to strut his stuff as an action director. Jones nimbly balances the thrills and heady concepts for the most part, but the script wraps up in a rather pat and sentimental manner that feels somewhat cheap. Still, despite stumbling across the finish line, Source Code is easily one of the most intriguing films to emerge from Hollywood this year.

PHIL BROWN

Essential Killing
Genre: Drama
Director: Jerzy Skolimowski
Stars: Vincent Gallo, Emmanuelle Seigner, Zach Cohen
●●●½

Vincent Gallo (Buffalo '66) gives a compelling performance as a mysterious Taliban fugitive running for his freedom in Essential Killing – a simple but profound drama. Directed by Veteran Polish filmmaker Jerzy Skolimowski, the intensity of this slow-paced nail biter is punctuated by the fact that Gallo doesn't even speak a word.

STEVE GOW

A classic ghost story done well

Insidious
Genre: Horror
Director: James Wan
Stars: Patrick Wilson, Rose Byrne, Ty Simpkins
●●●●

Don't go into James Wan's latest horror thriller Insidious and expect Saw. Sure, it was that franchise making 2001 hit that put Wan (and writer Leigh Whannell) on the map, but Wan ain't a one trick torture porn pony. Insidious sees the filmmaker mining the elegance of classic supernatural shockers like Burnt Offerings and Poltergeist while sculpting a contemporary ghost story that is as gorgeously produced as it is blood freezingly frightening. And to its credit, there's not a single drop of blood spilled....

Rose Byrne and Patrick Watson star as parents under the strain of domestic demands who are inexplicably torn apart by the arrival of the evil dead. Said specters knock their eldest child into a coma while driving the couple mad doing all those smashing, snarling things ghosts tend to do to make their presences known.

CHRIS ALEXANDER

Jane Eyre
Director: Cary Fukunaga
Stars: Mia Wasikowska, Michael Fassbender
●●●

Of the films based on Charlotte Bronte's beloved 19th century novel of madness on the moors, this may be the most realistic. It's bleak, slow and grim, like life in those forbidding stone piles where Jane has spent her sad life. The deadly artifice of society threatens her as much as her escapes into the harsh natural world outside. Wasikowska isn't up to playing the steel-willed literary heroine and seems mismatched with Fassbender's dark magnetism.

ANNE BRODIE

Mirren tackles comedy

Actress enjoyed the chance to get to be funny with her charming Arthur co-star Russell Brand ◗ Said it's hard not to fall under Brand's spell

NED EHRBAR
SCENE@METRONEWS.CA
METRO WORLD NEWS IN LOS ANGELES

▶ Helen Mirren and Russell Brand star in Arthur, which opens next Friday.

Though she may be an award-winning movie star best known for playing royalty, Helen Mirren isn't above playing the lottery.

"When the lottery gets really big — up to 40 or 50 million — I go out and buy a ticket, because it's, 'Maybe I'll win.' You fantasize about what it would be like to have millions and millions and millions of dollars," she says. "And I think we all do that. It's a fantasy we all carry within us — anyone who's ever bought a lottery ticket. We're all dreamers."

Of course, Mirren herself doesn't have to dream. While in her latest film, an update of the Dudley Moore classic Arthur, Mirren plays the nanny to an extravagantly rich manchild (Russell Brand) prone to outlandish purchases, in real life she's no stranger to splurging.

"My husband and I bought a castle in Puglia," she says. "It's like turning on the taps full, and just money pours out. Into the desert. It's just gone."

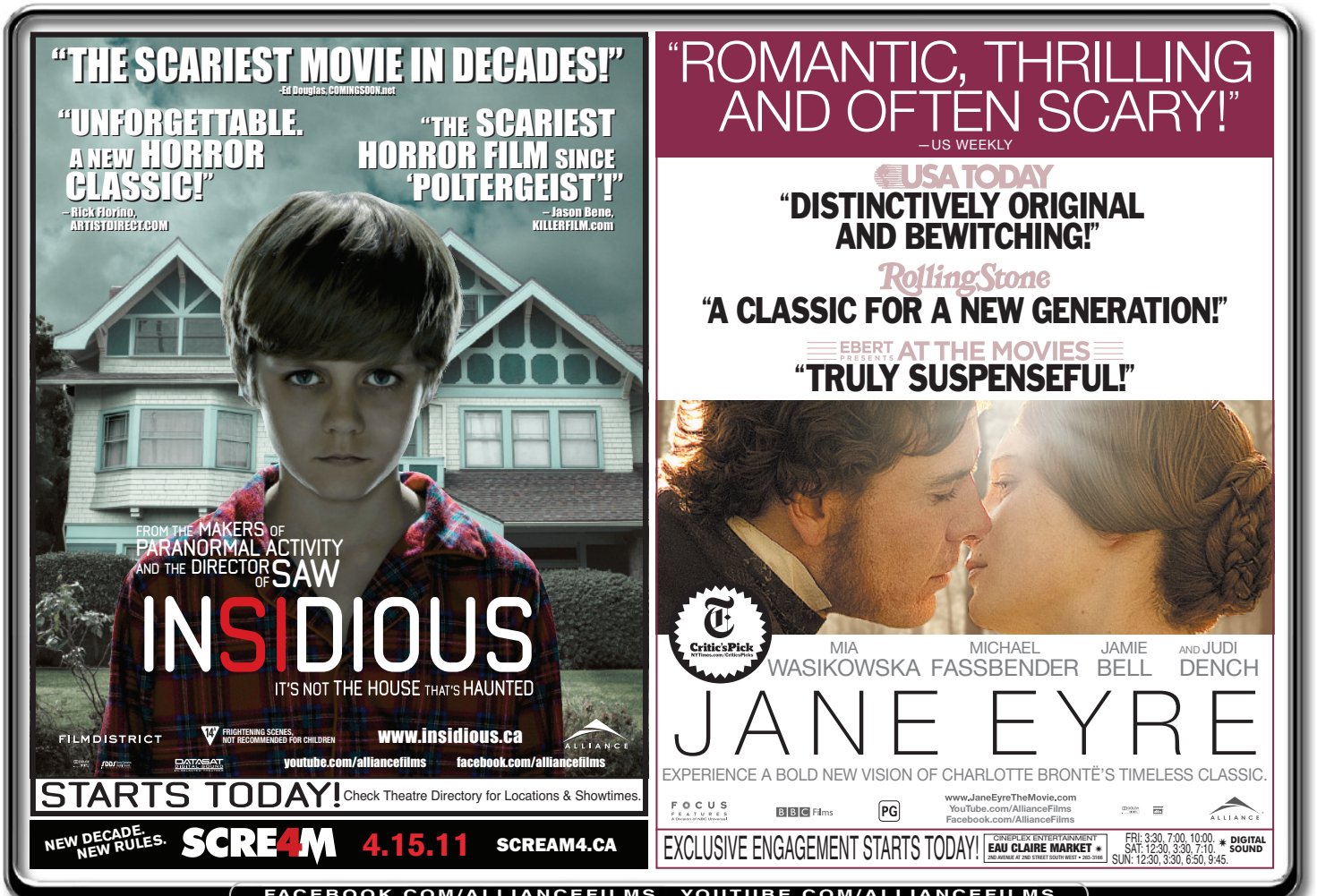
While Arthur marks what Mirren says is her first real comedy film in her career, teaming up with Brand helped ease her into the genre. In fact, she may have picked up more than a little of his wit, if her description of Brand's behaviour on set is any indication.

"He never came out of his trailer. When he came out, he was always surrounded by minders, he wouldn't speak to anyone," she says, barely containing her laughter. "No, he didn't really. Well actually, I don't know because I was drunk the whole time."

But seriously, though, she thinks quite highly of Brand and his charms, explaining that she signed onto the film after the comedian "just totally seduced me the way he does, you know?" she says. "I just defy any male or female or child or ancient person to spend two hours with Russell and not be completely charmed and say, 'Yeah, fine, I'll do whatever you want.'"

Immortalized in cement

Helen Mirren has clearly had an impressive career as an actress, but it wasn't until very recently that she felt she'd truly arrived when she left imprints of her hands and feet in the cement in front of Grauman's Chinese Theater in Hollywood. "Becoming a Dame, fantastic. Winning an Oscar, amazing. Hands and feet? Incredible," Mirren says. ● NED EHRBAR



THESE PAGES COVER MOVIE START TIMES FROM FRI., APR. 1 TO THURS., APR. 7. TIMES ARE SUBJECT TO CHANGE. COMPLETE LISTINGS ARE ALSO AVAILABLE AT METRONEWS.CA/MOVIES.

CANYON MEADOWS
Bay 110 13226 Macleod Trail, 403-670-5444

127 Hours (14A) Fri-Thu 9:35
Black Swan (14A) Fri-Thu 1:10-4:10-6:50-9:30
The Chronicles of Narnia: The Voyage of the Dawn Treader (PG) Fri-Thu 1:15-3:50
The Eagle (PG) Fri-Thu 1:20-4:10-7:25-9:55
The Fighter (14A) Fri-Thu 1:35-4:7:05-9:50
The Green Hornet (14A) Fri-Thu 12:45-3:45-7:10-9:45
Harry Potter and the Deathly Hallows: Part 1 (PG) Fri-Thu 3:55-7
The Mechanic (18A) Fri-Thu 1-10
No Strings Attached (14A) Fri-Thu 12:55-3:40-7:20-9:50
Tangled (G) Fri-Thu 1:30-4:05-7:15
Tron: Legacy (PG) Fri-Thu 7:05-9:40
True Grit (14A) Fri-Thu 1:35-4:05-7:25-9:55
Unknown (14A) Fri-Thu 9:50
Yogi Bear (G) Fri-Thu 1:25-3:35-6:55

CROWFOOT CROSSING
91 Crowfoot Terrace, 403-547-3316

The Adjustment Bureau (PG) Fri 2-4:40-7:25-10 Sat 4:40-7:25-10 Sun-Thu 2-4:40-7:25-10
Battle: Los Angeles (14A) Fri-Tue 1:30-4:20-7:20-10:15 Wed 1:30-4:20-10:15 Thu 1:30-4:20-7:20-10:15
Beastly (PG) Fri-Thu 1:05-3:50
Diary of a Wimpy Kid: Rodrick Rules (G) Fri-Thu 12:50-3:40-6:50-9:20
Hop (G) No Passes Fri-Thu 12:20-2:50-5:10-7:30-9:55
Insidious (14A) No Passes Fri-Thu 2:10-4:45-7:45-10:25
The King's Speech (PG) Fri-Thu 6:40-9:30
Limitless (14A) Fri-Tue 1:10-4:10-7-9:40 Wed 4:10-7-9:40 Thu 1:10-4:10-7-9:40 Star & Strollers Screening Wed 1
The Lincoln Lawyer (14A) Fri-Thu 1:20-4:30-7:50-10:30
The Metropolitan Opera: Lucia di Lammermoor Encore (STC) Sat 11
One Flew Over the Cuckoo's Nest (STC) Wed 7
Paul (14A) Fri-Thu 12:40-4-7:10-9:55
Rango (PG) Fri-Thu 1:15-3:55-6:55-9:30
Source Code (PG) No Passes Fri-Tue 1:50-4:35-7:35-10:05 No Passes Wed 4:35-7:35-10:05 No Passes Thu 1:50-4:35-7:35-10:05 Star & Strollers Screening, No Passes Wed 1
Sucker Punch (14A) Fri-Thu 1:40-4:25-7:40-10:20

EAU CLAIRE MARKET
200 Barlay Parade, 403-263-3166

The Adjustment Bureau (PG) Fri 3:40-6:45-9:50 Sat 12:40-3:40-6:45-9:50 Sun 12:40-3:40-6:40-9:40 Mon 9:40 Tue-Thu 6:40-9:40
Jane Eyre (PG) Fri 3:30-7:10 Sat 12:30-3:30-7:10 Sun 12:30-3:30-6:50-9:45 Mon-Thu 6:50-9:45
The Lincoln Lawyer (14A) Fri 3:50-7:15-10:10 Sat 12:50-3:50-7:15-10:10 Sun 12:50-3:50-7-9:50 Mon-Thu 7-9:50
Source Code (PG) No Passes Fri 4:10-7:45-10:30 No Passes Sat 1:10-4:10-7:45-10:30 No Passes Sun 1:10-4:10-7:20-10 No Passes Mon-Thu 7:20-10
Sucker Punch (14A) Fri 4-7:30-10:20 Sat 1-4-7:30-10:20 Sun 1-4-7:10-9:55 Mon-Thu 7:10-9:55
West Is West (14A) Fri 3:20-6:30-9:40 Sat 12:20-3:20-6:30-9:40 Sun 12:20-3:20-6:30-9:35 Mon-Thu 6:30-9:35

EMPIRE STUDIO 16 COUNTRY HILLS
388 Country Hills Blvd., 403-686-8491

The Adjustment Bureau (PG) SR Dolby Digital, Stadium Seating Fri-Thu 9:30
Battle: Los Angeles (14A) SR Dolby Digital, Stadium Seating Fri 7:10-10 SR Dolby Digital, Stadium Seating Sat-Thu 1:15-4:05-7:10-10
The Chronicles of Narnia: The Voyage of the Dawn Treader (PG) SR Dolby Digital, Stadium Seating Fri 12:30-4:20
Diary of a Wimpy Kid: Rodrick Rules (G) SR Dolby Digital, Stadium Seating Fri-Thu 12:35-3-6:50-9:15
Game (STC) SR Dolby Digital, Stadium Seating Fri-Thu 1:40-4:45-8
Gulliver's Travels (PG) SR Dolby Digital, Stadium Seating Fri 12:45-3:45
Hobo With a Shotgun (R) SR Dolby Digital, Stadium Seating Fri 7:40-10:15 SR Dolby Digital, Stadium Seating Sat 1:30-4:25-7:40-10:15 SR Dolby Digital, Stadium Seating Sun 1:30-10:15 SR Dolby Digital, Stadium Seating Mon-Wed 1:30-4:25-7:40-10:15 SR Dolby Digital, Stadium Seating Thu 7:40-10:15
Hop (G) No Passes, SR Dolby Digital, Stadium Seating Fri-Thu 1-3:25-6:45-9:10
Insidious (14A) SR Dolby Digital, Stadium Seating Fri-Thu 1:35-4:15-7:20-9:50
Just Go With It (PG) SR Dolby Digital, Stadium Seating Fri 7:05-9:55 SR Dolby Digital, Stadium Seating Sat-Tue 12:45-3:45-7:05-9:55 SR Dolby Digital, Stadium Seating Wed 12:45-3:45-9:55 SR Dolby Digital, Stadium Seating Thu 12:45-3:45-7:05-9:55
Justin Bieber: Never Say Never - Director's Fan Cut 3D (STC) SR Dolby Digital, Stadium Seating Fri-Thu 12:30-6:40
Justin Bieber: Never Say Never 3D (G) SR Dolby Digital, Stadium Seating Fri-Thu 3:45-9:25
The King's Speech (PG) SR Dolby Digital, Stadium Seating Fri-Thu 12:50-3:40-6:30
Limitless (14A) SR Dolby Digital, Stadium Seating Fri-Thu 1:20-3:55-7:30-10:05
The Lincoln Lawyer (14A) SR Dolby Digital, Stadium Seating Fri 7:15-10:10 SR Dolby Digital, Stadium Seating Sat-Thu 12:30-4:20-7:15-10:10
Mars Needs Moms 3D (PG) SR Dolby Digital, Stadium Seating Fri-Thu 1:10-3:30-7-9:20
Megamind (G) SR Dolby Digital, Stadium Seating Fri 1:15-4:05
Paul (14A) SR Dolby Digital, Stadium Seating Fri-Thu 1:50-4:30-7:25-10
Rango (PG) SR Dolby Digital, Stadium Seating Fri-Thu 12:40-3:20-6:55-9:35
Source Code (PG) SR Dolby Digital, Stadium Seating Fri-Thu 12:55-3:15-7-9:30
Sucker Punch (14A) SR Dolby Digital, Stadium Seating Fri-Thu 2-4:40-7:35-10:15
WWE Wrestlemania XXVII - 2011 (STC) No Passes, SR Dolby Digital, Stadium Seating Sun 6
Yogi Bear (G) SR Dolby Digital, Stadium Seating Fri 1:30-4:25

▶ Emily Browning portrays Babydoll, left, and Carla Gugino portrays Madam Gorski in Sucker Punch.

EMPIRE STUDIO 10 MACLEOD TRAIL
100-16061 MacLeod Trail, 403-974-0470

The Adjustment Bureau (PG) SR Dolby Digital, Stadium Seating Fri-Thu 6:40-9:45
Diary of a Wimpy Kid: Rodrick Rules (G) Digital Presentation, SR Dolby Digital, Stadium Seating Fri-Thu 12:30-3:15-6:30-9:15
Hop (G) SR Dolby Digital, Stadium Seating, No Passes Fri-Thu 1-3:45-6:45-9:20
Insidious (14A) SR Dolby Digital, Stadium Seating, No Passes Fri-Thu 1:40-4:40-7:10-9:50
Limitless (14A) Digital Presentation, SR Dolby Digital, Stadium Seating Fri-Thu 1:10-4-7:45-10:20
The Lincoln Lawyer (14A) SR Dolby Digital, Stadium Seating Fri-Tue 12:15-3:20-7:15-10:15 SR Dolby Digital, Stadium Seating Wed 12:15-3:20-10:15 SR Dolby Digital, Stadium Seating Thu 12:15-3:20-7:15-10:15
Mars Needs Moms (PG) SR Dolby Digital, Stadium Seating Fri-Thu 1:20-3:40
Paul (14A) SR Dolby Digital, Stadium Seating Fri-Thu 1:50-4:20-7:20-10:10
Rango (PG) SR Dolby Digital, Stadium Seating Fri-Thu 1:30-4:15-7-9:40
Source Code (PG) SR Dolby Digital, Stadium Seating, No Passes Fri-Thu 2-4:30-7:30-10
Sucker Punch (14A) SR Dolby Digital, Stadium Seating Fri-Thu 12:45-3:30-6:50-9:30

GLOBE CINEMA
617-8 Avenue, 403-262-3308

Barney's Version (14A) Fri 6:50-9:30 Sat-Sun 12:50-3:30-6:50-9:30 Mon-Wed 6:50-9:30 Thu 9:30
Essential Killing (14A) Fri 7:10-9:20 Sat-Sun 1:10-3:20-7:10-9:20 Mon-Thu 7:10-9:20

MOVIEDOME
1039 999 36 St. N.E., 403-248-2000

Big Mommas: Like Father, Like Son (PG) Fri-Thu 1-3:50-6:55-9:50
Drive Angry (18A) Fri-Thu 12:50-3:35-7-9:55
The Fighter (14A) Fri-Thu 12:40-3:30-6:45-9:35
Game (STC) Fri-Thu 2-6:30-8:45
The Green Hornet (14A) Fri-Thu 12:45-6:45-9:30
The Mechanic (18A) Fri-Thu 1:05-4-7:10-10:05
The Roommate (14A) Fri-Thu 3:55-10
Tangled (G) Fri-Thu 12:55-3:45-7:05
True Grit (14A) Fri-Thu 9:45
Unknown (14A) Fri-Thu 12:50-3:40-6:50-9:40
Yogi Bear (G) Fri-Thu 1:10-4:05-6:40

SCOTIABANK CHINOOK
6455 MacLeod Trail, 403-212-8994

The Adjustment Bureau (PG) Fri-Thu 1:05-4-7:15-10:15
Battle: Los Angeles (14A) Fri-Thu 12:40-3:50-7:10-10
Beastly (PG) Fri-Wed 1:10-4:05-7-9:45 Thu 1:10-4:05-9:45
Diary of a Wimpy Kid: Rodrick Rules (G) Fri-Sun 11:50-2:15-4:50-7:25-10:05 Mon-Thu 12:40-3:30-7:05-9:50
Gnomeo and Juliet (G) Fri 12:20-2:40-4:50 Sat 12:20-4:50 Sun-Thu 12:20-2:40-4:50
Hobo With a Shotgun (R) Fri-Thu 7:40-10:30
Hop (G) No Passes Fri-Sun 12-2:30-5-7:25-10 No Passes Mon-Tue 1-3:50-6:50-9:40 No Passes Wed 1-3:50-7:25-10 No Passes Thu 1-3:50-6:50-9:40
Insidious (14A) No Passes Fri-Thu 1:20-4:20-7:20-10:15
Just Go With It (PG) Fri 12:45-3:50-7:05-10:10 Sat 3:50-7:05-10:10 Sun-Thu 12:45-3:50-7:05-10:10
The King's Speech (PG) Fri-Thu 4:20-7:20-10:15
Limitless (14A) Fri-Sun 12-2:40-5:10-7:40-10:25 Mon-Thu 12:50-3:45-7-10
The Lincoln Lawyer (14A) Fri-Wed 1-4:05-7:25-10:20 Thu 4:05-7:25-10:20 Star & Strollers Screening Thu 1
Lord of the Dance 3D (G) Thu 7
Mars Needs Moms (PG) Fri-Thu 1:05
The Metropolitan Opera: Lucia di Lammermoor Encore (STC) Sat 11
One Flew Over the Cuckoo's Nest (STC) Wed 7
Paul (14A) Fri-Thu 1:15-4:15-7:30-10:20
Rango (PG) Fri-Wed 1:15-4:15-7:05-10:10 Thu 4:15-7:05-10:10 Star & Strollers Screening Thu 1
Red Riding Hood (PG) Fri-Sat 12:55-3:55-6:55-9:50 Sun 12:55-9:50 Mon-Tue 12:55-3:55-6:55-9:50 Wed-Thu 12:55-3:55-9:50
Source Code (PG) No Passes Fri-Thu 12:30-2:50-5:15-8-10:30
Sucker Punch (14A) Fri-Tue 12:50-3:55-7:15-10:30 Wed 12:50-3:55-10:30 Thu 12:50-3:55-7:15-10:30
Sucker Punch: The IMAX Experience (14A) Fri-Sun 11:45-2:20-4:55-7:30-10:05 Mon-Thu 1-4-7-9:45
WWE Wrestlemania XXVII - 2011 (STC) Sun 5

PLAZA THEATRE
1133 Kensington Rd. N.W., 403-283-3636

Amazon Falls (14A) Fri 7 Sat 9 Sun 7-9 Mon 4:45-9 Tue 9 Wed 7-9 Thu 4:45
An American Werewolf in London (STC) Thu 9:30
Cerebral Palsy Films (STC) Sun 4:30
Cruel Story of Youth (STC) Tue 7
Into Thin Air: Death on Everest (STC) Thu 6:30
La Nostra Vita (STC) Fri 9:30 Sat 6:50 Sun 2:15 Mon 6:50 Tue-Wed 4:50 Thu 3
Pages at the Plaza IX (STC) Sun 11
Shut Out (STC) Sat 4:30

SUNRIDGE SPECTRUM
2555 32nd Street, 403-717-1200

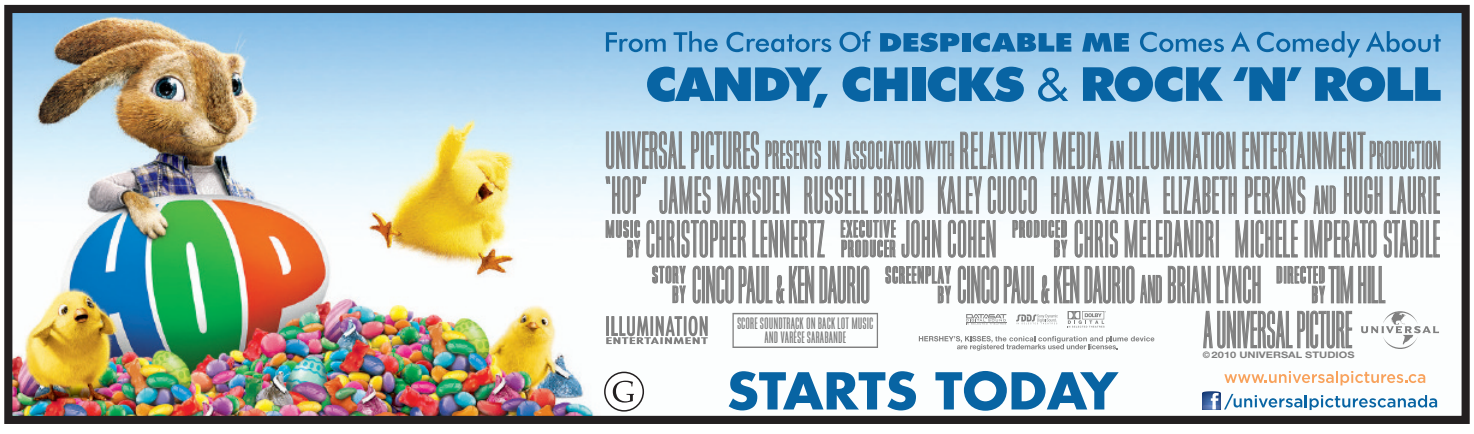
Battle: Los Angeles (14A) Fri-Sun 12:50-3:55-6:50-9:55 Mon-Thu 1:20-4:05-6:50-9:55
Beastly (PG) Fri-Sun 12:30 Mon-Thu 1
Catch Me... I'm in Love (PG) Fri-Sun 12:20-3:20-6:45-9:35 Mon-Thu 12:50-3:35-6:45-9:35
Diary of a Wimpy Kid: Rodrick Rules (G) Fri-Sun 12-2:40-5:10-7:45-10:20 Mon-Thu 12:30-2:55-7:45-10:20
Hobo With a Shotgun (R) Fri-Sun 12:35-3:05-7:30-10 Mon-Thu 1:05-3:25-7:30-10
Hop (G) No Passes Fri-Sun 12:05-2:45-5:05-7:40-10:10 No Passes Mon-Thu 12:35-3-7:40-10:10
Insidious (14A) No Passes Fri-Sun 12:10-2:55-7:05-9:50 No Passes Mon-Thu 12:40-3:15-7:05-9:50
Limitless (14A) Fri-Sun 12:25-3:10-7:25-10:25 Mon-Thu 12:55-3:30-7:25-10:25
The Lincoln Lawyer (14A) Fri-Sun 12:45-3:45-6:40-9:45 Mon-Tue 1:15-4-6:40-9:45 Wed 4-6:40-9:45 Thu 1:15-4-6:40-9:45 Star & Strollers Screening Wed 1
Paul (14A) Fri-Sun 1:05-3:50-7:20-10:15 Mon-Thu 1:35-4:10-7:20-10:15
Rango (PG) Fri-Sun 12:40-3:25-6:55-9:40 Mon-Tue 1:10-3:45-6:55-9:40 Wed 1-3:45-6:55-9:40 Thu 1:10-3:45-6:55-9:40
Red Riding Hood (PG) Fri 3:15-7:10-9:50 Sat 3:10-7:10-9:50 Sun 9:50 Mon-Thu 3:10-7:10-9:50
Source Code (PG) No Passes Fri-Sun 1-3:35-7:15-10:05 No Passes Mon-Thu 1:30-3:55-7:15-10:05
Sucker Punch (14A) Fri-Sun 12:55-3:40-7:35-10:30 Mon-Thu 1:25-4:05-7:35-10:30 Fri-Sun 12:15-3-7-9:45 Mon-Thu 12:45-3:20-7-9:45
WWE Wrestlemania XXVII - 2011 (STC) Sun 5

THE UPTOWN STAGE & SCREEN
612 8th Ave. S.W., 403-265-0120

(STC) Fri 6:50-9:30 Sat-Sun 2:15-6:50-9:30 Mon-Thu 6:50-9:30
Casino Jack (14A) Fri 9:15 Sat-Sun 2:40-9:15 Mon-Thu 9:15
Inside Job (PG) Fri 4:40 Sat-Sun 12:10-4:40 Mon-Thu 4:40
Rango (PG) Fri 4:50-7:10 Sat-Sun 12:35-4:50-7:10 Mon-Thu 4:50-7:10

WESTHILLS 10
165 Stewart Green, 403-246-5291

The Adjustment Bureau (PG) Fri-Sun 12:35-3:10-6:50-9:40 Mon-Thu 5:30-8
Diary of a Wimpy Kid: Rodrick Rules (G) Fri-Sun 12:30-3-7-9:20 Mon-Thu 5:25-7:40
Hop (G) No Passes Fri-Sun 12:20-2:35-4:50-7:10-9:30 No Passes Mon-Thu 5:20-7:30
Insidious (14A) No Passes Fri-Sun 1:45-4:20-7:50-10:20 No Passes Mon-Thu 6:05-8:40
Limitless (14A) Fri-Sun 1:35-4:30-7:40-10:10 Mon-Thu 5:55-8:20
The Lincoln Lawyer (14A) Fri-Sun 1:10-4-7:05-10:05 Mon-Thu 5:50-8:30
The Metropolitan Opera: Lucia di Lammermoor Encore (STC) Sat 11
Paul (14A) Fri-Sun 1:20-3:50-7:35-10:25 Mon-Thu 6:15-8:50
Rango (PG) Fri 12:45-3:30-6:40-9:10 Sat 3:30-6:40-9:10 Sun 12:45-3:30-6:40-9:10 Mon-Thu 5:25-7:50
Source Code (PG) No Passes Fri-Sun 1:25-4:10-7:20-9:50 No Passes Mon-Thu 6:20-9
Sucker Punch (14A) Fri-Sun 12:50-3:20-7:25-9:55 Mon-Thu 5:35-8:05



The man with the pan

KARL LOHNES
SCENE@METRONEWS.CA

CHRISTIAN LACROIX

▶ Ricardo can be seen on Food Network Canada's Ricardo and Friends.

Yesterday was the launch of Ricardo Larrivée's new line of smart kitchenwares coming to cooking stores this month. From comfortable chef's knives to versatile baking pans, Quebec's most famous TV chef has hit the shelves with a high-quality, affordably-priced line of kitchen wares at specialty cooking stores and Sears Canada.

What is your cooking philosophy? "I believe people cook for one reason; to love and be loved. There is nothing more gratifying than preparing a delicious meal or snack for family or friends. Everyone feels proud when they serve an easy-to-make meal that everybody in the family enjoys."

Are you a sweet-freak or savoury-crazy person? "I am definitely a sweet person. I love to bake special treats and I think my line of baking pans, bowls and utensils reflect my passion for everything sweet. From multi-use baking pans to great serving bowls, much thought and design was put into every piece to make sure that the items were comfortable and practical to use when creating special desserts."

List three ingredients that are must-haves in your kitchen. "That is very simple. Arborio rice as it can be flavoured in so many ways and is a great filler when feeding a family. Lemons. It's no secret that I love them and they can contribute to a sweet dish like lemon tarts or a savoury dish as in a simple salad dressing or marinade for meats. And parmesan cheese as it keeps forever in the fridge, adds a unique salty flavour to many recipes and the rhine can even be used to flavour soups and stews."

What's your most favourite thing to cook when at home? "The kids like it when I make pizza for them and I love it because they have involvement choosing the toppings. Everyone has fun when it's pizza night!"

Show set to Kill the competition

- AMC's newest drama The Killing offers uniquely sharp focus
- Series revolves around single homicide

MATTHEW ROMANADA
SCENE@METRONEWS.CA

PROVIDED

▶ Mireille Enos, left and Joel Kinnaman, right, star in The Killing.

Swedish actor Joel Kinnaman moved to Hollywood and ended up becoming part of a TV show — The Killing — that is based on a hit Danish series, and filming in a location — Vancouver — similar to Scandinavia. Certainly a long way to travel to end up in familiar settings.

"The series (Forbrydelsen) originated in Scandinavia and this part of the U.S. and Canada (the Pacific Northwest) has a similar climate," Kinnaman told Metro, adding that the grey, coldness of both areas impact the people.

Kinnaman, who's name recognition in North America is small despite a large list of hit movies in his home country, moved to Los Angeles about three to four months prior to his audition for AMC's newest series The Killing. Kinnaman plays Stephen Holder, a new addition to the Seattle homicide division, who, along with his partner Sarah Linden, portrayed by Mireille Enos (Big Love), investigate the homicide of teenager Rosie Larsen. Kinnaman said the writing in the pilot drew him to the series.

"I thought (the writing) was very strong," he said. "It was heart-gripping and exciting. All of the characters felt layered."

This includes his character Stephen Holder, who's rough-edges are a sharp contrast to his partner.

"He knows the streets and he understands people. He doesn't have the regular keys to a proper social upbringing. He is struggling with a lot of old mistakes."

And while Stephen and Sarah butt heads at times, Kinnaman says he believes that deep down Stephen knows that he needs his partner to succeed.

With AMC's line up of critical favourites Mad Men, The Walking Dead and Breaking Bad, expectations are high for The Killing, and it does not disappoint.

"While I was shooting the pilot I was talking to my parents back home in Sweden and they were watching the original on TV at the time. They were absolutely addicted to the original series," Kinnaman said. "That series just struck gold."

The two-part series premiere of The Killing airs Sunday, 9 p.m. on AMC.

SMALL STEPS HELP ME MAKE A DIFFERENCE.

When you choose Future Friendly products, you get to enjoy the product performance you love. Each product is designed to help you use less energy, less packaging or less waste — future friendly features that can help us all make a difference.

P&G FUTURE FRIENDLY™

Duracell Rechargeable
Stays Charged Up to 5X Longer*
*while not in use vs. Duracell 2450mAh

Ultra Downy April Fresh
15% less water*
*vs. the next leading national brand's non-Ultra

Bounty Select-a-Size
Less Waste for Smaller Spills*
*vs. the next leading national brand's non-Ultra

Tide Cold Water
Cleaning at lower temperatures

New concentrated Tide Powder
Same loads, less packaging

Cascade All-in-1 Pacs
Clean so well there's no need to pre-wash to help save water

Cruisers & Swaddlers
Moms using Pampers Swaddlers & Cruisers today have generated 15 million fewer pounds of waste than moms who used Swaddlers/Cruisers in 2007*
*Based on 2010 U.S. sales volume for Swaddlers/Cruisers

Available at Walmart
Save money. Live better.

▶ Actor Colm Feore in The Borgias.

TV's Wipeout spills into

Canucks take on the famous obstacle course

JESSICA PHILLIPS
SCENE@METRONEWS.CA

All of the skill and hilarity of the hit show Wipeout is getting a northern twist.

Wipeout Canada, which premieres Sunday on TV-Tropolis, features 260 Canadians taking on the famous Wipeout course, completing a series of obstacles to claim the $50,000 prize.

The show had 45,000 Canadian applicants in one month.

"What stuck out for the audition process were personalities," said co-host Ennis Esmer. "Whether it was [someone who] studied fire ants or a 60-year-old naked-volleyball-playing grandmother."

Esmer claims the contestants are what make the show so popular and give the show its identity.

A few of the obstacles the contestants will face are racing through "topple towers," bouncing on the infamous "big balls" and climbing across the "sucker punch wall."

"I think everyone still has that little kid in them and it's just like a great big playground," said fellow co-host Jessica Phillips.

The contestants all have various plans of what they would do if they won the money.

While some said they would use the money to pay off debt or tuition, there were some more interesting answers.

"One woman was like, 'I want to get breast im-

▶ Ennis Esmer and Jessica Phillips, two of three hosts of Wipeout Canada.

SUBMITTED

Murder, mistresses and the pope on TV's The Borgias

New 15th century drama depicts moral ambiguities of 'first crime family' Premieres Sunday on Bravo!

IAN JOHNSTON
SCENE@METRONEWS.CA

Actor Colm Feore is up for almost anything — be it a lavish TV period drama, a summer blockbuster or a small Canadian documentary series.

"I do whatever it takes to keep the kids in shoe leather," says Feore, best known for such diverse works as 32 Short Films About Glenn Gould and Pearl Harbor.

"And I have to keep myself interested of course. It's always about what interests me."

What currently interests him is The Borgias, a 15th century TV drama about Rodrigo Borgia (Jeremy Irons), who would become Pope Alexander VI.

Far from being a costumed tale of courtly manners, The Borgias is being promoted as "the first crime family." And it's not hard to see why. Directed by Neil Jordan (Mona Lisa, The Crying Game), The Borgias is a devilish, sometimes shocking look at a decidedly unconventional pope who, among other things, had a family, a mistress and ruthless methods to getting his way.

"It is very Godfather," says Feore, who plays the equally manipulative pope wannabe Cardinal Rovere. "You see Borgias' motivations. He wants to protect his family. He wants his kids to do well. And to do it, he's willing to kill people."

The actor says the moral ambiguities in The Borgias are such that he was under the belief his character was the "good guy" all through production.

"I saw Rovere as the shining hero of the piece. Then Neil comes up to me at the wrap party and asks me what it's like to be the bad guy."

Feore — who can currently be heard narrating History Channel's Museum Secrets — has another big costume epic set to premiere. In the highly anticipated 3-D summer blockbuster Thor, he plays Laufey, the Warrior King of the Frost Giants. Huh?

"I'm nine-and-a-half-feet tall and blue," laughs Feore, who spent hours in make-up for the role. "Director Kenneth Branagh ran the whole thing like a military operation. It's massive and massively cool."

The Borgias premieres this Sunday on Bravo! The movie Thor opens in theatres in May.

Canada

SUBMITTED

plants for me and all my friends,'" said Esmer.

He said Wipeout Canada could just be "the greatest example of humankind's triumph over adversity since the moon landing or the industrial revolution."

TV picks

Paltrow traces family tree

REALITY. Gwyneth Paltrow traces the origins of her paternal grandfather on Who Do You Think You Are? Along the way, an investigation into her mother's side reveals deep roots in the Caribbean island of Barbados. (Friday, Citytv, NBC)

Chaos reigns in new series

DRAMEDY. The new dramedy Chaos centres on a group of rogue CIA spies mired in bureaucratic gridlock, rampant incompetence and political infighting. In the premiere, newbie Rick Martinez is partnered with three unruly agents who learn he is actually a mole out to cut their jobs. (Friday, Global, CBS)

Sir Elton to host SNL

SNL. Saturday night's alright for fighting — and for hosting Saturday Night Live. Sir Elton John is the special guest on the live comedy show, and he pulls double duty as both host and musical guest. Joining him for the musical segments will be Leon Russell. (Saturday, Global, NBC)

Canuck comic lets loose

STAND-UP. Former SNL star Norm Macdonald lets loose in his first one-hour stand-up special, Norm Macdonald: Me Doing Stand-Up. The Canadian comic covers a range of topics in this joke-a-thon, including cheating death, 24-hour news stories and cheese sandwiches. (Saturday, The Comedy Network)

THE CANADIAN PRESS

BEAUTY PRODUCTS CANADIAN WOMEN ARE TALKING ABOUT.

Smart Canadian women are looking for beauty products that make them feel young, pampered and beautiful. Get the products Canadian women are talking about – Smart Beauty Buys from P&G.

Available at
Walmart
Save money. Live better.

WHO'S THE APRIL FOOL?

Sound Check

ALAN CROSS
SCENE@METRONEWS.CA

I've never understood the point of April Fool's Day. How did it ever become socially acceptable for it to be open season on the inattentive, the unaware and the gullible once a year?

Many rock bands get into the spirit of things, taking the opportunity to punk both fans and the media.

Among the best (worst?) is Tool. Back in 1997, an announcement flashed around the world that members of the band had been killed in a tour bus crash in Australia. Media outlets — including MTV — ran with the story until they realized what date it was. In 1999, rumours appeared about two new singles from the band: Anagram and Floorpail. Those who spent the day searching for these songs didn't notice that Floorpail is an anagram for April Fool. MTV got burned again in 2005 when singer Maynard James Keenan announced that he had found Jesus and was leaving the group to pursue a career in religion.

And Tool is far from alone. On April 1, 2010, Coldplay announced that like Britney, they were getting into the fragrance game, releasing a perfume called Angst, which was available in a bottle designed by producer Brian Eno. Strangely, it sold out through Coldplay's online store before anyone could make a purchase.

Metallica and Megadeth fans freaked out on April 1, 2009, when an online story insisted both Dave Mustaine and Jason Newsted would soon be rejoining Metallica in a massive example of letting bygones be bygones. The non-metal equivalent would be Jennifer Aniston accepting an invitation to move in with Brad and Angelina. Yet a number of metalheads were for it.

GETTY IMAGES

▶ Coldplay announced last April Fool's Day that it was releasing a perfume called Angst.

That same day, Trent Reznor appeared to announce that he was making a brand new album available. Strobe Light, allegedly produced by Timbaland, was offered for sale on the official Nine Inch Nails website. The download (which required $18.98 and a $10 "digital delivery convenience fee") would "arrive as Windows Media files playable on quite a few players with your name embedded all over them in case you lose them ... Your email will be kept confidential and will not be used for spam, unless we can make some money selling it." One song, Even Closer, promised vocals from Justin Timberlake and the aforementioned Maynard James Keenan. Some fans didn't see the gag.

Let's be careful.

Sum of 4 years is 1 new album

It's been four years since Sum 41 last released an album, and the intervening years saw frontman Deryck Whibley endure a divorce from Avril Lavigne as well as a string of health concerns.

But he says the dark tone of the material on the band's new record, Screaming Bloody Murder, can't necessarily be traced to his personal life — in fact, he says he can't really trace the origin of any of the words on his latest disc.

"It's really hard to explain what anything's about, because I don't even know what it's about," Whibley said quietly behind a pair of sunglasses during a recent interview in Toronto.

"I was just writing words that were just in my head and it was over such a long period of time that I don't have a lot of recollection of writing a lot of these things — they're just there."

And yet, these pitch-black lyrics — sample line from the wrenching ballad What am I to Say?: "How could you be the better part of me?/ When we're only half of what we used to be today/ Could you see this isn't what we need/ And I'm leaving all the pieces how they fell/ So goodbye, farewell" — seem to have originated from an especially tough period in Whibley's life.

THE CANADIAN PRESS

CHRIS YOUNG/THE CANADIAN PRESS

▶ Sum 41

THE ART AND SCIENCE OF MEDITATION

Two free sessions with workshop
Crescent Heights Community Association
1101-2nd Street NW
Saturday April 2nd at 11 a.m and 2:30 p.m.

Whoever we are, whatever we are into, we can learn to enjoy the proven benefits of meditation.

There is this energy in you that is very easy to get into meditation. All you have to do is get out of the way.

ALWAYS FREE SESSIONS ACROSS CANADA

VISIT FREEMEDITATION.CA or www.meditationcanada.ca

IN CANADA FOR OVER 25 YEARS AND IN OVER 80 COUNTRIES AROUND THE WORLD

Your Career Begins Here.

Want to increase your income potential? Enter a respected occupation or profession? Engage in more meaningful work?

We can help.

You may obtain the first two years of University Education

HEALTHCARE CAREERS
Health Care Aide, Registered Nurse Refresher, Licensed Practical Nurse, Paramedic, and Emergency Medical Technician

BUSINESS CAREERS
Accounting Personnel, Marketing Professional, Business Owner, Human Resources, Sales Representative/Manager, and Purchasing Agent

DENTAL CAREERS
Dental Assistant, Dental Assistant Educator, Dental Hygiene Coordinator, Dental Specialty Assistant, and Dental Sales Representative

HUMAN SERVICES CAREERS
Education Assistant, Supports for Community Living Worker, Immigrant Aid Worker, Child and Youth Worker, Rehabilitation Worker, and Social Work Assistant

CRIMINAL JUSTICE CAREERS
Policing, Sheriff's Department, Corrections, Probation Officer, Border Services Officer, and Animal & By-Law Services

High School Diplomas are not required to enter a program at Columbia College.

FREE English, Math and Science upgrading courses may be provided to a student if needed.

Other programs: LINC (funded by Citizenship and Immigration Canada), Academic Upgrading and ESL

Phone: (403) 235-9300
www.columbia.ab.ca/m

802 Manning Road NE
Calgary, AB T2E 7N8

COLUMBIA COLLEGE

Lohan plans move to New York City

Hopes to leave legal problems behind Looking for a place with her brother Has friends in the city

With one California legal drama done and another set to be decided next month, Lindsay Lohan is leaving the state behind and heading back to New York, her mom, Dina Lohan, says, according to Hollyscoop. "She will be in New York a lot more going forward. She's actively looking for places in the city with her younger brother Michael," Dina says. "She loves it here. And she has a lot of friends who already have places, so she might sublet."

METRO

ALL PHOTOS GETTY IMAGES FILE

Lindsay Lohan

Courteney Cox

Josh Hopkins

Cox, Hopkins getting together?

Courteney Cox was spotted this week cavorting in the Caribbean with her Cougar Town co-star, Josh Hopkins, and her daughter, Coco, according to People magazine.

The co-workers have dodged rumors of a more serious off-camera relationship since Cox separated from her husband, David Arquette. But while the vacation isn't work-related, Cox's rep insists, "The relationship is strictly platonic and they are away with a group of friends on vacation."

METRO

Arnold really is The Governator

With his years as governor behind him, Arnold Schwarzenegger will soon return to his acting career with a new animated TV series. The planned action-comedy cartoon is called The Governator, according to A Squared Entertainment. It will focus on a superhero living a double life as an ordinary family man. Schwarzenegger will provide the voice of the title character.

ASSOCIATED PRESS

Arnold Schwarzenegger

Pattinson believes in fidelity

Rob Pattinson is a one-woman man and abhors infidelity, he tells the Italian edition of Vanity Fair. "Life is not black and white ... [but] there is one thing I never understood: why people cheat," says Pattinson, who is believed to be in a long-term relationship with Twilight co-star Kristen Stewart.

Rob Pattinson

"My parents met when my mom was 17 and my father 25, they are still together and seem very happy. I grew up believing that you can be together all of your life."

METRO

Talking points

Baby for Banks by surrogate

PEOPLE. Actress Elizabeth Banks and her husband, Max Handelman, welcomed a baby boy, Felix, this week, born via surrogate, Banks announced on her blog.

"The one true hurdle I've faced in life is that I have a broken belly," Banks candidly writes. "After years of trying to get pregnant, exploring the range of fertility treatments, all unsuccessful, our journey led us to gestational surrogacy: We make a 'baby cake' and bake it in another woman's 'oven.'"

Banks describes Felix as "a very happy baby and a blessing on our life."

METRO

Miley: It shouldn't be so easy

OPINION. Miley Cyrus isn't impressed with 13-year-old viral video sensation Rebecca Black, whose song Friday has received more than 60 million views on YouTube.

"It should be harder to be an artist," Cyrus tells Australia's Daily Telegraph.

"You shouldn't just be able to put a song on YouTube and go out on tour."

METRO

Miley Cyrus

Celebrity tweets

Lily Allen [@lilyroseallen]
Oh and whoever leaked my wedding invite to the press, you're a d--- and your not invited anymore, have some respect and stay at home.

Elijah Wood [@woodelijah]
just so y'all know @elijahjwood isn't me.

Denise Richards [@DENISE_RICHARDS]
oh boy...Lola wants to bring about 15 different colors of nail polish on our trip! ..got her down to 3

Sarah Silverman [@SarahKSilverman]
As I write this I'm in an unmoving airport security line standing completely still in a stranger's fart.

HAVE YOU MET OUR FRIENDS?

If you like Metro, you should like us on Facebook and email your profile picture to beseen@metronews.ca for a chance to be seen by over 1 million Metro readers across Canada! Selected profile pictures will be featured the first Friday of every month in Metro's Scene section.

Visit facebook.com/metrocalgary and Like us today!

metro

3 life

Kitchen safety

Follow these food tips to keep your kitchen safe.

- Designate a separate cutting board for meat and one for vegetables.
- To keep your kitchen counters clean, choose a product with naturally-derived ingredients.
- Make sure expiry dates on food containers are visible.

NEWS CANADA

FDA examines links between food dyes and hyperactivity in children.

Add a dash of romance to dinner

Impress your love with this Filet Mignon with Pomegranate Burgundy Sauce Although the meal looks elaborate, it's actually simple to make

How do you create a meal that is at once romantic?

To start, try this very simple Filet Mignon with Pomegranate Burgundy Sauce.

The recipe starts with getting just the right cut of beef.

The tenderloin that filet mignon is cut from is on the leaner side, with about seven grams of fat per 125-gram (four-ounce) portion. That's not bad, especially since a bit of fat will add a lot of flavour.

Normally, when preparing velvety, rich sauces, most recipes call for starting with a generous dollop of fatty butter or oil.

This recipe does away with that, instead starting with tangy pomegranate juice and dry red wine.

But the real secret here is using some veal demi-glace to add flavour, body and texture.

A good meat stock is made by roasting the bones, then simmering them for a long time with a variety of very aromatic vegetables.

At some point, the solids are stained out and the liquid is reduced until it has intense flavour and the gelatin from the bones has given it a smooth, almost viscous texture.

It's the rich flavour and velvety texture of this kind of stock that can give a sauce a luxurious, glossy feel, without the need to lard it with butter.

Best of all, you don't need to bother with all that roasting and simmering.

Excellent prepared demi-glace products are available at many grocers.

LARRY CROWE/ THE ASSOCIATED PRESS

▶ Filet mignon is a great choice to serve during a romantic dinner for two.

Preparation:

1. Heat oven to 100 C (200 F). Season steaks with salt and pepper.
2. Heat a 25-cm (10-inch) cast-iron or other heavy skillet over medium for 2 minutes. Add 10 ml (2 tsp) of the oil and swirl to coat the bottom of the pan. Increase heat to medium-high.
3. Add steaks and cook 4 minutes per side for medium-rare. Transfer filets to ovenproof dish and place in heated oven (steaks will cook a bit more in the oven).
4. Return skillet to medium heat and add remaining 5 ml (1 tsp) oil and shallot. Sauté until shallot has softened, about 1 minute. Add wine and cook for 1 minute. Add demi-glace and pomegranate juice and increase heat to high to bring sauce to a boil. Cook, stirring occasionally, until sauce has reduced by half and thickened.
5. Spoon sauce over the filets and serve, garnished with chives and pomegranate seeds, if desired.

THE ASSOCIATED PRESS

Ingredients:

- 2 beef filet mignon (125 g/4 oz each)
- 1 ml (1/4 tsp) kosher salt
- Ground black pepper, to taste
- 15 ml (3 tsp) extra-virgin olive oil, divided
- 1 medium shallot, minced
- 75 ml (1/3 cup) dry red wine
- 75 ml (1/3 cup) pomegranate juice
- 125 ml (1/2 cup) veal demi-glace
- 30 ml (2 tbsp) chopped fresh chives
- 30 ml (2 tbsp) pomegranate seeds (optional)

Evoke the spirit of a changing season

PETER ROCKWELL
LIQUIDASSETS@EASTLINK.CA
TWITTER: @THEREALWINEGUY

When you have dogs, a backyard cleanup is less about leaf-raking and more about poop patrol. That thought came to me when a break in the winter weather saw me making my grounds more people friendly.

Of course, a fine beverage is the best reward for a nasty job well done. And a white wine with lots of thirst-quenching, tropical fruit flavour and aromatics evokes the season's spirit.

While something made from riesling or torrontés would be fine, Ironstone Vineyards' 2009 Obsession ($14.95 - $16.99) breaks the mold of the somewhat familiar by using the symphony grape — a cross between muscat of alexandria and grenache gris.

If it swims, clucks or is served in a bowl with a cream sauce, the clean acidity and ripe fruit components of this off-dry wine will make for a fine dinner partner. Salads, vegetables, shellfish and any dish that throws a bit of heat will also work like a charm with this unique palate cleanser.

PRICES REFLECT THE RANGE ACROSS CANADA. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.

WagJag.com Deal of the Day
70% OFF
$29.95 for a Bronze Spring Cleaning Package at Okotoks Honda
BUY TODAY

www.WagJag.com

Vexed eyes and videotape

Fans saw goal, but NHL says replays didn't prove puck went in

It wasn't the most painful disallowed goal in Calgary Flames history, but the one in the second period of their 4-2 loss to the Anaheim Ducks still hurt.

Television viewers and most of the 19,289 Saddledome fans on Wednesday night thought Tim Jackman had tied the score at 2-2 with five minutes left in the middle period of a game that was critical to the Flames' playoff hopes.

Replays appear to show the puck well over the line, sitting on top of Anaheim goaltender Ray Emery's blocker. But it was ruled no goal on the ice and a lengthy review at the NHL control centre in Toronto didn't see enough to overturn the call, even on the slightly fuzzy overhead view seen repeatedly on TV.

"None of the video review angles could conclusively tell that the puck was over the goal line," an NHL spokesman said Thursday.

A puck had gone off Matt Stajan's arm into the crease, players piled in and Jackman looked to have poked it in amid the wild scramble.

"I'm telling you it was in, that's all I can say," Stajan said later.

The replay also showed Anaheim's Ryan Getzlaf sneak a hand into the net and take what looked to be the puck away, although he said later it wasn't him.

Shortly after, Lubomir Visnovsky scored to give the Ducks a 3-1 lead.

The loss dealt a severe blow to Calgary's playoff hopes. It left the Flames in a tie with Dallas in ninth place in the Western conference with 87 points, three points behind Chicago, which held the eighth and final playoff position.

But Calgary, now with four games left in the regular season, has played two more games than Chicago and three more than Dallas.

Many Flames fans still burn over what may have been a goal late in Game 6 of the 2004 Stanley Cup final, when Martin Gelinas' shot looked to have just got over the line before Tampa Bay goalie Nikolai Khabibulin swept it out with his right pad. That one also wasn't counted.

THE CANADIAN PRESS

Langkow

Centre Daymond Langkow is returning to the Flames lineup just in time to help Calgary make a desperate push for the playoffs.

- The club announced Thursday that the veteran forward will be on the ice when the Flames play the Blues in St. Louis on Friday.
- It will be Langkow's first game since suffering a broken bone in his neck after being hit by teammate Ian White's shot on March 21, 2010, in Minnesota.

LARRY MACDOUGAL/THE ASSOCIATED PRESS

▶ Tim Jackman celebrates what he thought was his goal before it was was disallowed after review on Wednesday.

Crosby skates with teammates in Tampa

Pittsburgh Penguins centre Sidney Crosby, sidelined for nearly three months with a concussion, resumed his attempted comeback Thursday.

He took part in the no-contact game-day skate as Pittsburgh prepared for its matchup with Tampa Bay.

The Penguins captain is not ready yet to participate in full practices. A return for the post-season has not been ruled out.

"It was a lot of fun to be back out there. It's just a small step, with a lot to go."
SIDNEY CROSBY

"There's actually no expectations on when the next step after this one would be," Penguins coach Dan Bylsma said. "He'd still have to return to a full practice, and then return to contact."

Crosby began individual workouts March 14 and has reported no setbacks.

"It's the same thing with every step, make sure that you don't get symptoms," Crosby said. "Obviously, it's just one day. Try and get through each step."

THE ASSOCIATED PRESS

Sports in brief

Zito in accident in Los Angeles

MLB. San Francisco Giants pitcher Barry Zito showed up at Dodger Stadium wearing a neck brace yesterday after his car was broadsided.

The crash occurred around 8 p.m. Wednesday, Los Angeles County Sheriff's spokesman Sgt. Joseph Morien said.

Manager Bruce Bochy said Zito was to have an MRI exam later.

THE ASSOCIATED PRESS

Wall suspended for Heat clash

NBA. Wizards rookie John Wall has been suspended one game without pay after a scuffle with Juwan Howard and Zydrunas Ilgauskas of Miami in the Heat's 123-107 win over Washington Wednesday night.

Howard was handed a $35,000 US fine and Ilgauskas was fined $25,000. THE ASSOCIATED PRESS

4 sports

Flames preview

Flames at Blues
6 p.m.
TV: SNET-CGY
Radio: FAN 960

The playoffs seem to be fading out of of view for Calgary (38-29-11). A painful 4-2 loss to Anaheim included a controversial play where the Flames appeared to score — only to have it not counted by NHL video review. The Calgary players figure they have to win all four of their remaining games to have any chance of making the post-season.

St. Louis (35-32-10) is coming off its biggest victory of the season, a 10-3 whitewashing of the powerful Detroit Red Wings on Wednesday. Nine different players scored in that game, including rookie Chris Porter with two. The Blues will welcome forward T.J. Oshie back to the lineup after he was forced to sit out two games for missing practice.

THE CANADIAN PRESS

NATIONAL HOCKEY LEAGUE

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
dx-Philadelphia	77	46	21	4	6	243	203	102	21-12-2-4	25-9-2-2	4-2-1-3	L1
dx-Washington	78	45	22	5	6	211	188	101	23-8-2-6	22-14-3-0	7-2-0-1	W1
dx-Boston	77	43	23	5	6	232	182	97	19-13-3-3	24-10-2-3	5-3-1-1	L1
x-Pittsburgh	78	45	25	5	3	221	190	98	24-14-2-0	21-11-3-3	6-4-0-0	L2
x-Tampa Bay	77	42	24	5	6	230	231	95	24-11-1-4	18-13-4-2	4-3-2-1	W3
Montreal	78	41	30	4	3	205	203	89	23-11-3-3	18-19-1-0	4-6-0-0	L1
Buffalo	77	39	29	8	1	226	214	87	19-16-3-1	20-13-5-0	6-3-1-0	W1
NY Rangers	78	41	32	2	3	220	188	87	18-16-1-3	23-16-1-0	6-3-0-1	L2
Carolina	77	37	30	5	5	220	228	84	21-13-2-2	16-17-3-3	6-4-0-0	W2
Toronto	78	36	32	5	5	209	238	82	18-14-3-4	18-18-2-1	7-3-0-0	W2
Atlanta	77	33	32	5	7	212	249	78	17-15-2-5	16-17-3-2	5-4-1-0	W1
New Jersey	76	35	36	3	2	158	191	75	19-15-2-1	16-21-0-2	5-4-0-1	W1
NY Islanders	78	30	36	7	5	218	246	72	17-17-1-4	13-19-6-1	4-4-2-0	W1
Ottawa	78	30	38	5	5	181	239	70	14-19-2-3	16-19-3-2	5-4-0-1	W1
Florida	78	29	37	5	7	188	216	70	15-16-4-4	14-21-2-2	2-5-0-3	L7

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
z-Vancouver	78	52	17	4	5	253	177	113	26-8-1-4	26-9-3-1	9-1-0-0	W5
d-Detroit	77	44	23	6	4	247	226	98	20-13-4-2	24-10-2-2	5-3-2-0	L2
d-San Jose	76	44	23	4	5	224	199	97	21-11-2-3	23-12-2-2	6-1-0-3	W1
Phoenix	78	42	25	7	4	221	213	95	20-13-4-2	22-12-3-2	8-2-0-0	W1
Los Angeles	77	44	27	4	2	210	184	94	23-12-3-0	21-15-1-2	8-1-1-0	L1
Nashville	78	42	26	6	4	206	184	94	22-9-4-3	20-17-2-1	8-2-0-0	W1
Anaheim	77	44	28	3	2	223	223	93	24-12-1-1	20-16-2-1	8-2-0-0	W3
Chicago	76	41	27	3	5	242	209	90	23-15-0-0	18-12-4-4	4-4-1-1	L1
Dallas	75	38	26	4	7	209	212	87	20-11-3-5	18-15-1-2	3-3-2-2	L4
Calgary	78	38	29	4	7	237	230	87	22-13-1-3	16-16-3-4	3-5-1-1	L1
Minnesota	77	37	32	3	5	195	217	82	18-16-2-3	19-16-1-2	2-7-1-0	W2
St. Louis	77	35	32	4	6	224	225	80	21-12-1-4	14-20-3-2	5-5-0-0	W1
Columbus	77	34	31	5	7	205	236	80	17-17-1-3	17-14-4-4	3-4-2-1	L1
Colorado	76	28	40	7	1	213	270	64	15-19-4-0	13-21-3-1	2-8-0-0	L4
Edmonton	77	23	43	2	9	182	255	57	12-21-1-5	11-22-2-3	0-7-1-2	L11

x — clinched playoff berth; y — clinched division title; d — division leaders; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL or SOL columns.

Last night's results
Vancouver 3 Los Angeles 1
Toronto 4 Boston 3 (SO)
Minnesota 4 Edmonton 2
Ottawa 4 Florida 1
Tampa Bay 2 Pittsburgh 1
Atlanta 1 Philadelphia 0
N.Y. Islanders 6 N.Y. Rangers 2
Washington 4 Columbus 3 (OT)
Nashville 3 Colorado 2
Dallas at San Jose

Wednesday's results
Anaheim 4 Calgary 2
Carolina 6 Montreal 2
St. Louis 10 Detroit 3
New Jersey 3 N.Y. Islanders 2
Buffalo 1 N.Y. Rangers 0
Tonight's games
All times Eastern
Philadelphia at New Jersey, 7 p.m.
Chicago at Columbus, 7 p.m.
Calgary at St. Louis, 8 p.m.
Colorado at Phoenix, 10 p.m.

WILD 4, OILERS 2

First Period
1. Minnesota, Miettinen 15 (Cullen, Brunette) 7:24 (pp)
2. Minnesota, Zidlicky 7 (Bouchard, Brodziak) 7:59
Penalties — Peckham Edm (tripping) 6:50, Eberle Edm (slashing) 8:22, Miettinen Min (double high-sticking) 11:45.
Second Period
3. Minnesota, Staubitz 2 (Nystrom, Madden) 6:24
4. Minnesota, Havlat 22 (Kobasew, Burns) 13:13
5. Edmonton, Gilbert 6 (Jones, Paajarvi) 19:19 (pp)
Penalties — Peckham Edm (roughing), Bouchard Min (slashing) 7:52, Vandermeer Edm (cross-checking) 9:05, Vande Velde Edm (holding) 16:05, Miettinen Min (high-sticking) 17:47.
Third Period
6. Edmonton, Omark 4 (Gilbert, Vandermeer) 14:44 (pp)
Penalties — Koivu Min (tripping) 11:10, Brodziak Min (hooking) 12:42, Burns Min (slashing) 14:17, Smid Edm (interference) 15:11, Brule Edm (tripping) 19:40.
Shots

Edmonton	9	13	13	—35
Minnesota	9	10	3	—22

Goal — Edmonton: Khabibulin (L,10-31-3); Minnesota: Backstrom (W,22-21-5). **Power plays (goals-chances)** — Edmonton: 2-6; Minnesota: 1-6.
Referees — Rob Martell, Eric Furlatt. **Linesmen** — Brad Lazarowich, Vaughan Rody.
Att. — 18,120 (18,064) at St. Paul, Minn.

MAPLE LEAFS 4, BRUINS 3 (SO)

First Period
1. Toronto, Schenn 5 (Gunnarsson, Lupul) 7:06
Penalties — Seguin Bos (hooking) 11:47, Kampfer Bos (hooking) 14:03, Kessel Tor (roughing, roughing), Ference Bos (slashing) 16:00, Kulemin Tor (hooking) 18:05.
Second Period
2. Boston, Marchand 21, 2:09 (sh)
3. Boston, Krejci 13 (Lucic, Horton) 3:08
4. Toronto, Lupul 12 (Kessel, Bozak) 7:06 (pp)
5. Boston, Ference 3 (Marchand, Bergeron) 8:31
Penalties — Chara Bos (holding) 0:40, Campbell Bos (high-sticking) 6:38, Rosehill Tor (interference) 9:00, Rosehill Tor, Lucic Bos (fighting) 11:06, Phaneuf Tor (tripping) 12:59, Ference Bos (hooking) 18:28.
Third Period
6. Toronto, Lupul 13 (Kessel, Schenn) 7:53
Penalties — None.
Overtime — No Scoring.
Missed penalty shot — Grabovski Tor, :43.
Penalty — Lupul Tor (slashing) 3:55.
Shootout
Toronto wins 1-0
Toronto (1) — Kessel, miss; Kadri, goal.
Boston (0) — Seguin, miss; Ryder, miss.
Shots

Toronto	10	7	8	6	—31
Boston	9	18	7	4	—38

Goal — Toronto: Reimer (W,19-8-4); Boston: Thomas (L,33-10-9). **Power plays (goals-chances)** — Toronto: 1-5; Boston: 0-5.
Referees — Wes McCauley, Kyle Rehman.
Linesmen — Scott Cherrey, Brian Mach.
Att. — 17,565 (17,565) at Boston.

SENATORS 4, PANTHERS 1

First Period
1. Ottawa, Foligno 13, 5:28
Penalties — Lessard Ott, Hordichuk Fla (fighting) 2:41, Winchester Ott, Carter Fla (holding) 7:40, Z.Smith Ott (hooking) 14:10, Butler Ott (hooking) 18:32.
Second Period
2. Ottawa, Greening 5 (Svatos) 2:30
3. Florida, Repik 2 (Reasoner) 6:02
4. Ottawa, Greening 6 (Svatos, Phillips) 6:36
5. Ottawa, Kuba 1 (Condra, Shannon) 14:24
Penalty — Z.Smith Ott (interference) 9:13.
Third Period — No Scoring.
Penalty — Callahan Fla (boarding) 10:41.
Shots

Ottawa	8	9	6	—23
Florida	11	15	12	—38

Goal — Ottawa: Anderson (W,22-19-4); Florida: Clemmensen (L,8-8-7). **Power plays (goals-chances)** — Ottawa: 0-1; Florida: 0-3.
Referees — Frederick L'Ecuyer, Mike Leggo.
Linesmen — Pierre Champoux, Ryan Galloway.
Att. — 15,672 (17,040) at Florida.

THRASHERS 1, FLYERS 0

First Period — No Scoring.
Penalties — Byfuglien Atl (holding) 0:40, Leino Pha (interference) 4:15, Boynton Pha (hooking) 10:04.
Second Period — No Scoring.
Penalties — Philadelphia bench (too many men; served by Carcillo) 4:38, Meszaros Pha (roughing) 9:04, Stewart Atl (roughing) 14:58, Versteeg Pha (tripping) 16:34, Kane Atl (boarding) 18:52.
Third Period
1. Atlanta, Antropov 15 (Kane) 10:22
Penalties — Enstrom Atl (holding) 1:10, Briere Pha (interference) 5:57, Hainsey Atl (tripping) 12:15, Hainsey Atl, Hartnell Pha (roughing) 19:14.
Shots

Atlanta	6	8	8	—22
Philadelphia	10	14	19	—43

Goal — Atlanta: Mason (W,13-11-3); Philadelphia: Bobrovsky (L,28-12-6). **Power plays (goals-chances)** — Atlanta: 0-6; Philadelphia: 0-5.
Referees — Greg Kimmerly, Brad Watson.
Linesmen — Thor Nelson, Greg Devorski.
Att. — 19,879 (19,537) at Philadelphia.

LIGHTNING 2, PENGUINS 1

First Period
1. Tampa Bay, Downie 9 (Gagne, Stamkos) 4:51
2. Tampa Bay, St. Louis 30 (Lecavalier, Hedman) 10:13
Penalties — Martin Pgh (interference) 0:39, Kubina TB (hooking) 11:21, Lecavalier TB (hooking) 14:20.
Second Period — No Scoring.
Penalties — Hedman TB (hooking) 1:59, Orpik Pgh (cross-checking), Downie TB (slashing) 11:45, Kennedy Pgh, Hedman TB (roughing), Downie TB (boarding) 17:43, Neal Pgh (holding) 19:28, Stamkos TB (goaltender interference) 19:59.
Third Period
3. Pittsburgh, Rupp 7 (Kovalev) 4:31
Penalties — Rupp Pgh (tripping) 8:31, Kovalev Pgh (cross-checking) 15:36.
Shots

Pittsburgh	6	14	17	—37
Tampa Bay	8	6	10	—24

Goal — Pittsburgh: Fleury (L,34-20-5); Tampa Bay: Roloson (W,22-24-5). **Power plays (goals-chances)** — Pittsburgh: 0-5; Tampa Bay: 0-4.
Referees — Stephane Auger, Kelly Sutherland.
Linesmen — Tim Nowak, Dan Schachte.
Att. — 20,126 (19,758) at Tampa.

SCORING LEADERS

	G	A	PT
D.Sedin, Vcr	40	58	98
St. Louis, TB	29	62	91
H.Sedin, Vcr	19	72	91
Perry, Ana	46	43	89
Stamkos, TB	44	44	88
Iginla, Cal	37	40	77
Ovechkin, Wash	29	48	77
Zetterberg, Det	24	53	77
Selanne, Ana	28	48	76
Toews, Chi	31	44	75
Kopitar, LA	25	48	73
C.Giroux, Phi	25	46	71
E.Staal, Car	31	38	69
B.Richards, Dal	25	44	69
Getzlaf, Ana	18	51	69
Kesler, Vcr	36	32	68
Sharp, Chi	34	34	68
P.Kane, Chi	25	42	67
Ryan, Ana	33	33	66
Crosby, Pgh	32	34	66

Last night's games not included

MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
New York	1	0	1.000	—
Baltimore	0	0	.000	½
Boston	0	0	.000	½
Tampa Bay	0	0	.000	½
Toronto	0	0	.000	½

CENTRAL DIVISION

	W	L	Pct	GB
Chicago	0	0	.000	—
Cleveland	0	0	.000	—
Minnesota	0	0	.000	—
Detroit	0	1	.000	½
Kansas City	0	1	.000	½

WEST DIVISION

	W	L	Pct	GB
Los Angeles	1	0	1.000	—
Oakland	0	0	.000	½
Seattle	0	0	.000	½
Texas	0	0	.000	½

Yesterday's results
L.A. Angels 4 Kansas City 2
N.Y. Yankees 6 Detroit 3
Today's games
All times Eastern
Chicago White Sox (Buehrle 0-0) at Cleveland (Carmona 0-0), 3:05 p.m.
Boston (Lester 0-0) at Texas (Wilson 0-0), 4:05 p.m.
Minnesota (Pavano 0-0) at Toronto (Romero 0-0), 7:07 p.m.
Baltimore (Guthrie 0-0) at Tampa Bay (Price 0-0), 7:10 p.m.
L.A. Angels (Haren 0-0) at Kansas City (Francis 0-0), 8:10 p.m.
Seattle (Hernandez 0-0) at Oakland (Cahill 0-0), 10:05 p.m.
Tomorrow's games
Chicago White Sox at Cleveland, 1:05 p.m.
Minnesota at Toronto, 1:07 p.m.
L.A. Angels at Kansas City, 1:10 p.m.
Detroit at N.Y. Yankees, 4:10 p.m.
Baltimore at Tampa Bay, 7:10 p.m.
Boston at Texas, 8:05 p.m.
Seattle at Oakland, 9:05 p.m.

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Atlanta	1	0	1.000	—
Florida	0	0	.000	½
New York	0	0	.000	½
Philadelphia	0	0	.000	½
Washington	0	1	.000	1

CENTRAL DIVISION

	W	L	Pct	GB
Cincinnati	1	0	1.000	—
Chicago	0	0	.000	½
Houston	0	0	.000	½
Pittsburgh	0	0	.000	½
Milwaukee	0	1	.000	1
St. Louis	0	1	.000	1

WEST DIVISION

	W	L	Pct	GB
San Diego	1	0	1.000	—
Los Angeles	1	0	1.000	—
Arizona	0	0	.000	½
Colorado	0	0	.000	½
San Francisco	0	1	.000	1

Yesterday's results
Cincinnati 7 Milwaukee 6
San Diego 5 St. Louis 3 (11 innings)
Atlanta 2 Washington 0
L.A. Dodgers 2 San Francisco 1
Today's games
All times Eastern
Houston (Myers 0-0) at Philadelphia (Halladay 0-0), 1:05 p.m.
Pittsburgh (Correia 0-0) at Chicago Cubs (Dempster 0-0), 2:20 p.m.
Arizona (Kennedy 0-0) at Colorado (Jimenez 0-0), 4:10 p.m.
N.Y. Mets (Pelfrey 0-0) at Florida (Johnson 0-0), 7:10 p.m.
San Francisco (Sanchez 0-0) at L.A. Dodgers (Billingsley 0-0), 10:10 p.m.

LACROSSE

NLL

EAST DIVISION

	GP	W	L	Pct.	GF	GA	GB
x-Toronto	12	9	3	.750	141	114	—
x-Buffalo	11	8	3	.727	122	102	½
Rochester	11	6	5	.545	106	117	2½
Boston	13	6	7	.462	133	120	3½
Philadelphia	12	4	8	.333	109	138	5

WEST DIVISION

	GP	W	L	Pct.	GF	GA	GB
x-Calgary	12	9	3	.750	153	132	—
x-Washington	12	6	6	.500	155	143	3
Minnesota	11	5	6	.455	124	124	3½
Edmonton	12	3	9	.250	131	160	6
Colorado	10	2	8	.200	89	113	6

x — clinched playoff berth.
WEEK 13
All times Eastern
Tonight's games
Washington at Toronto, 7:30 p.m.
Colorado at Edmonton, 9 p.m.
Minnesota at Calgary, 9:30 p.m.
Tomorrow's games
Toronto at Philadelphia, 7 p.m.
Rochester at Boston, 7:30 p.m.
Washington at Buffalo, 7:30 p.m.
Calgary at Minnesota, 8:30 p.m.
Edmonton at Colorado, 9 p.m.

SOCCER

MLS

EASTERN CONFERENCE

	W	L	T	Pt	GF	GA
Philadelphia	2	0	0	6	2	0
Chicago	1	0	1	4	4	3
New England	1	0	1	4	3	2
New York	1	0	1	4	1	0
D.C.	1	1	0	3	4	3
Sporting Kansas City	1	1	0	3	5	5
Toronto FC	1	1	0	3	4	4
Houston	0	1	1	1	1	2
Columbus	0	1	1	1	1	3

WESTERN CONFERENCE

	W	L	T	Pt	GF	GA
Real Salt Lake	2	0	0	6	5	1
Colorado	2	0	0	6	4	1
Los Angeles	1	1	1	4	3	5
Vancouver	1	1	0	3	4	3
San Jose	1	1	0	3	2	1
Seattle	0	2	1	1	1	3
FC Dallas	0	1	1	1	1	3
Chivas USA	0	2	0	0	2	4
Portland	0	2	0	0	1	5

NOTE: Three points for victory, one pt. for tie.
Tonight's game
All times Eastern
FC Dallas at Columbus, 7:30 p.m.
Tomorrow's games
Chivas USA at Toronto FC, 1 p.m.
Sporting Kansas City at Vancouver, 7 p.m.
Houston at New York, 7:30 p.m.
Portland at New England, 7:30 p.m.
Seattle FC at San Jose, 10:30 p.m.
Philadelphia at Los Angeles, 10:30 p.m.
Sunday's game
D.C. United at Colorado, 7 p.m.

TENNIS

ATP-WTA SONY ERICSSON OPEN

At Key Biscayne, Fla.
Men's Singles — Quarter-finals
Roger Federer (3), Switzerland, def. Gilles Simon (25), France, 3-0, retired.
Rafael Nadal (1), Spain, def. Tomas Berdych (7), Czech Republic, 6-2, 3-6, 6-3.
Men's Doubles — Semi-finals
Max Mirnyi, Belarus, and **Daniel Nestor (2), Toronto,** def. Jurgen Melzer, Austria, and Philipp Petzschner (4), Germany, 6-4, 6-1.
Mahesh Bhupathi and Leander Paes (3), India, def. Oliver Marach, Austria, and Janko Tipsarevic, Serbia, 6-3, 5-7, 11-9 (tiebreak).
Women's Singles — Semi-finals
Maria Sharapova (16), Russia, def. Andrea Petkovic (21), Germany, 3-6, 6-0, 6-2.
Victoria Azarenka (8), Belarus, def. Vera Zvonareva (3), Russia, 6-0, 6-3.

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
y-Chicago	54	20	.730	—
y-Boston	52	22	.703	2
x-Miami	52	23	.693	2½
x-Orlando	47	28	.627	7½
x-Atlanta	43	32	.573	11½
Philadelphia	39	36	.520	15½
New York	37	38	.493	17½
Indiana	34	42	.447	21
Charlotte	32	42	.432	22
Milwaukee	30	44	.405	24
Detroit	26	48	.351	28
New Jersey	23	51	.311	31
Toronto	20	54	.270	34
Washington	18	56	.243	36
Cleveland	15	59	.203	39

WESTERN CONFERENCE

	W	L	Pct	GB
x-San Antonio	57	18	.760	—
y-L.A. Lakers	53	20	.726	3
x-Dallas	53	21	.716	3½
x-Oklahoma City	50	24	.676	6½
Denver	45	29	.608	11½
New Orleans	43	32	.573	14
Portland	43	32	.573	14
Memphis	42	33	.560	15
Houston	39	36	.520	18
Phoenix	36	38	.486	20½
Utah	36	39	.480	21
Golden State	32	44	.421	25½
L.A. Clippers	29	46	.387	28
Sacramento	21	53	.284	35½
Minnesota	17	58	.227	40

d – division leader; **x** — clinched playoff berth; **y** — clinched division.

Last night's results
Boston 107 San Antonio 97
Dallas at L.A. Lakers
Wednesday's results
Milwaukee 104 Toronto 98
Charlotte 98 Cleveland 97
Philadelphia 108 Houston 97
Indiana 111 Detroit 101
Atlanta 85 Orlando 82
Miami 123 Washington 107
New York 120 New Jersey 116
Memphis 110 Golden State 91
Chicago 108 Minnesota 91
New Orleans 95 Portland 91
Denver 104 Sacramento 90
Oklahoma City 116 Phoenix 98
Dallas 106 L.A. Clippers 100
Tonight's games
All times Eastern
Milwaukee at Indiana, 7 p.m.
Charlotte at Orlando, 7 p.m.
New Jersey at Philadelphia, 7 p.m.
Cleveland at Washington, 7 p.m.
Chicago at Detroit, 7:30 p.m.
Miami at Minnesota, 8 p.m.
Memphis at New Orleans, 8 p.m.
Boston at Atlanta, 8 p.m.
San Antonio at Houston, 8:30 p.m.
L.A. Clippers at Phoenix, 10 p.m.
Oklahoma City at Portland, 10 p.m.
Denver at Sacramento, 10 p.m.
L.A. Lakers at Utah, 10:30 p.m.

BASKETBALL

NCAA TOURNAMENT

At Houston
NATIONAL SEMIFINALS
Tomorrow's games
Kentucky (29-8) vs. Connecticut (30-9)
Butler (27-9) vs. Virginia Commonwealth (28-11)
NATIONAL CHAMPIONSHIP
Monday's game
Semifinal winners

CRICKET

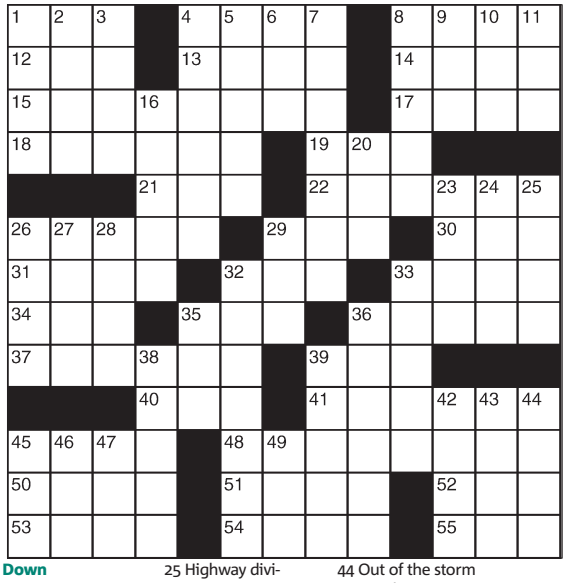
WORLD CUP

FINAL

Tomorrow's game
At Mumbai, India
Sri Lanka vs. India

NEIGHBORLY²
TOWNHOMES FROM THE $240s
EvanstonSquare.com
SHOWHOMES OPEN IN MAY!
STREETSIDE DEVELOPMENT CORPORATION
A QUALICO Company
EVANSTON SQUARE

Crossword



Across

1 Male cat
4 Potter's oven
8 Zeus' wife
12 "— Little Teapot"
13 Sandwich cookie
14 Exam format
15 Museum head?
17 Scruff
18 Communist council
19 Environmentally friendly
21 Daisy —
22 Doorway
26 Most likely dice throw
29 Jewelry store chain that "every kiss begins with"
30 A Gershwin
31 Tramcar loads
32 U.K. reference bk.
33 Acute
34 Census stat
35 Aviate
36 Hospital employee
37 Not svelte
39 Foundation
40 Drone
41 Dermatologist's case
45 Shrink session
48 Part of Iberia
50 Approximately
51 Concept
52 Nay canceler
53 Sketch
54 Month after Shevat
55 Fawn's mama

Down

1 Gratuities
2 Melville novel
3 Sportscaster Albert
4 Seoul man
5 Angry
6 Island garland
7 Tablet
8 Esteem
9 Historic time
10 Knock
11 Brewery product
16 London spaper
20 Coquettish
23 Layer
24 Greek war god
25 Highway division
26 Daytime drama
27 Therefore
28 Swerve
29 Crucial
32 Puget Sound capital
33 Spreading plant
35 Winter bug
36 Sweet drink
38 Pitch
39 Kentucky college town
42 "Zounds!
43 Sandwich spread
44 Out of the storm
45 Scuttle
46 Stick figure?
47 Can. neighbor
49 Peculiar

▶ Yesterday's answer

A	C	N	E		D	O	I	T		A	B	C
P	L	A	T		O	B	O	E		Q	U	A
E	U	P	H	O	N	I	U	M		U	R	N
S	E	A	N	C	E			P	L	A	N	T
			I	T		S	C	O	U	R		
O	P	E	C		B	A	A		G	I	G	S
N	U	N			A	L	P			U	P	A
O	N	C	E		B	E	E		I	M	A	M
		O	K	A	Y	S		O	R			
W	O	M	E	N			E	V	I	N	C	E
A	L	I		G	Y	M	N	A	S	I	U	M
F	L	U		S	E	E	D		E	C	R	U
T	A	M		T	A	G	S		S	E	T	S

Sudoku

				5		7	4	9
		8						2
	2				4		5	
			1			8		
9	7		3		2		6	5
		3			6			
	3		8				7	
1						3		
6	8	5		1				

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

1	4	7	9	8	6	5	2	3
8	5	2	7	4	3	9	6	1
9	6	3	5	2	1	8	7	4
3	1	8	2	7	9	4	5	6
2	9	5	6	1	4	7	3	8
4	7	6	3	5	8	1	9	2
5	3	1	4	6	7	2	8	9
6	2	4	8	9	5	3	1	7
7	8	9	1	3	2	6	4	5

Send a KISS

Show some love! Send a note to somebody special at kiss@metronews.ca

Machuh, "whenever I'm with you, something inside"...Hope you have a great day dahl'n. <3 u **WEIGH**

Happy birthday! I love you so much and can't wait to see you! Tomorrow is going to be awesome! **LOVE, MARCI**

To my sexy yeti: I'm looking forward to lots of cuddling and gaming this weekend! You're my level 90 boyfriend **YOURS BIG BELUGA**

Hi smuggle, Just wanted to say you mean the world to me Matthew C. ;so happy I'm spending the rest of my life with YOU!! And just remember meow cats have meow cat feet lol love you<3. **YOUR SMUGGLE**

Dear Nubbin, happy 1 year! Ever since our first night under the huge orange moon, I knew I was madly in love with you. You're my better half. **LOVE ALWAYS, TALLSTACK**

A look at the weather

TODAY	SATURDAY	SUNDAY
Min -2°	Min -5°	Min -4°
Max 4°	Max 2°	Max 2°

Andrew Schultz, Meteorologist

"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta". **WEEKDAYS 6AM**

BT BREAKFAST TELEVISION

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 Others may go out of their way to prove that you are wrong, but you're having none of it. You know momentum is on your side, whatever the facts might say. You really don't have to care what others believe.

♉ Taurus April 21-May 21 Resist the temptation to look at the world as if everything that happens is a disaster. Focus only on good news. There's plenty of it, if you care to look.

♊ Gemini May 22-June 21 Check the small print carefully because while Mercury (your ruler) is moving retrograde, others may try to convince you that you've got the best deal when, in fact, they will profit a lot more than you.

♋ Cancer June 22-July 22 The more others try to persuade you to do something that you aren't convinced is in your best interests, the more you must resist. Stand up for yourself.

♌ Leo July 23-Aug.23 Cosmic activity in your fellow Fire sign of Aries will fill your head with big ideas but not all of those ideas will be practical. So, don't get carried away. New opportunities are in the process of developing. Wait.

♍ Virgo Aug. 24- Sept. 22 Someone you usually get along with may say something a hurtful today, but don't let it get to you. He or she just doesn't share your ability to see how easily ill-chosen words can offend.

♎ Libra Sept. 23-Oct. 23 You have nothing to prove and everything to look forward to. Even if you find that a bit hard to believe, changes over the weekend and early next week will convince you that life is still very much worth living.

♏ Scorpio Oct. 24-Nov. 22 If someone shamelessly flatters you, it's a sign he or she is after something — most likely your money. Don't be taken in by his or her honeyed words.

♐ Sagittarius Nov. 23-Dec. 21 You may be worried that your run of good fortune is coming to an end but nothing could be further from the truth. Both the moon and Mars will bring more goodies your way in the next few days.

♑ Capricorn Dec. 22-Jan. 20 Why are you convinced that a rival lurks round every corner? What you need to realize today is that allowing yourself to think that way increases the chances of it happening.

♒ Aquarius Jan. 21-Feb. 18 You don't lack confidence but there is a real danger you might start believing that nothing is beyond you, which could lead to you taking too many risks. Make sure you know your limits.

♓ Pisces Feb. 19-March 20 Let others have the last word today, regardless of whether or not they deserve it. The last thing you need now is to get into an argument over something trivial. **SALLY BROMPTON**

Caption contest

MATTHAIS SCHRADER/ THE ASSOCIATED PRESS

WIN!

You write it!

Write a funny caption for the image to the right and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

DMITRY LOVETSKY/ THE ASSOCIATED PRESS

TOWNHOMES FROM THE $240s
EvanstonSquare.com
SHOWHOMES OPEN IN MAY!
EVANSTON SQUARE
STREETSIDE DEVELOPMENT CORPORATION

APPOINTMENT SETTING
32 Ave NE area accounting firm seeks enthusiastic people with clear speaking voice to set appointments for our accounting firm. No selling; professional work environment. Base salary $10 to $15/hour with the opportunity to double your weekly income through our very achievable bonus program.
• Flexible day-time hours; full & part time • Paid training provided • No accounting experience required
For interview call Gene at 1.800.994.4276 between 9AM and 5PM EST, Mon-Thur

Adventure!
Teach English Overseas
> TESOL Certified in 5 Days
> In-Class or Online
> No Degree Required!
1.888.270.2941
Job Guaranteed!
Next in-class course: April 13th - 17th
Next Seminar: April 26th @ 7pm
Best Western Village Park Inn (Motel Village)
www.globaltesol.com
GLOBAL TESOL COLLEGE

200 VEHICLES SPECIALLY MARKED

RED TAG SALE!

2011 GMC Crew Cab
Was $57,445
NOW $44,991

-22%

P110292

SCAN FOR DETAILS

Scan the bar code with your smartphone. If you don't have the ScanLife application you can download it to your phone by going to www.getscanlife.com on your phone's web browser

2011 Chevy Equinox
Was $35,175
NOW $32,686

-$2489

SCAN FOR DETAILS

C110411

not including taxes and fees, errors & omissions exempt

CMP GM
CHEVROLET Cadillac BUICK GMC

CHEVROLET BUICK GMC Cadillac CMP

403-539-6004
cmpauto.com

CANADA'S 50 BEST MANAGED COMPANIES

CORNER OF 16TH AVE & 36 ST. N.E. MONDAY - THURSDAY 8AM-9PM FRIDAY 8AM-6PM SATURDAY 9AM-6PM

AMVIC LICENSED